

## **Alternative Training Method (Training B) Army Suicide Prevention**

Course Preparation:

(B) Army Suicide Prevention Presentation: Download the Army Suicide Prevention Power Point from the Suicide Prevention website: <http://www.detrick.army.mil/asap/suicideprevention.cfm>. Download Shoulder to Shoulder video from disk to your computer. Add movie to the power point presentation (see “NOTES” below for further explanation). Don’t forget to prepare copies of vignettes. Vignettes are located in the power point presentation. Printable versions are located at the end of the power point.

Course Length: **1.5 hours**

Materials Needed: **B.**

1. Shoulder to Shoulder DVD; contains Shoulder to Shoulder video and Shoulder to Shoulder Facilitator Guide. The Guide is NOT used for Training B.
2. Army Suicide Prevention Power Point (from website).
3. ACE Cards
4. Suicide Prevention Training Tip Card

Introduction: **15 minutes**

**B.** Slides 1-5

Video: **13 minutes**

**B.** Slide 6 – Click to start video

Vignettes: **45 minutes**

**B.** Slides 7 – 22

Review in large group, or by dividing into smaller groups of 5 -10. Hand out copies of selected vignettes, ACE cards and Suicide Prevention Training Tip Card. Allow participants 15 minutes to discuss the assigned vignette in their small group. Have participants use ACE card and Suicide Prevention Training Tip Card. Follow up by discussing each vignette in the larger group. Encourage participation from each small group to share their ideas.

Closing: **20 minutes**

**B.** Slides 23 - 31

**Notes:** How to play Shoulder to Shoulder video from ppt.:

- 1) Save Army Suicide Prevention ppt. (the Alternative Training Method) to your computer from the Suicide Website/Phase II -  
<http://www.detrick.army.mil/asap/spStandDown.cfm>
- 2) Insert Shoulder to Shoulder; No Soldier Stands Alone DVD into computer. 3) Double click on CD drive. Right Click on Shoulder to Shoulder and “send to” my documents.
- 3) Return to ppt. and go to “insert” on top menu of the Army Suicide Prevention ppt.
- 4) Click on “movie” on top right of menu.
- 5) Click on “movie from file”.
- 6) Choose Shoulder to Shoulder video.wmv and click okay.

Following these steps should allow the video to play from Slide 6 of the Army Suicide Prevention ppt.