

Standard Training (Training A) Army Suicide Prevention

Course Preparation:

(A) Shoulder to Shoulder: Facilitator Guide: Review training checklist and complete items on the list. Don't forget to prepare copies of selected vignettes. Vignettes are located in the Shoulder to Shoulder Facilitator Guide.

Course Length:

1.5 hours

Materials Needed:

- A. 1. Shoulder to Shoulder DVD; contains Shoulder to Shoulder video and Shoulder to Shoulder Facilitator Guide.
- 2. ACE Cards
- 3. Suicide Prevention Training Tip Card

Introduction:

15 minutes

- A. Talking points. Pages 5-7.

Video:

13 minutes

- A. DVD - Shoulder to Shoulder

Vignettes:

45 minutes

- A. Review ACE card. Pages 8-9. Present several vignettes from the facilitator guide.

Review in large group, or by dividing into smaller groups of 5 -10. Hand out copies of selected vignettes, ACE cards and Suicide Prevention Training Tip Card. Allow participants 15 minutes to discuss the assigned vignette in their small group. Have participants use ACE card and Suicide Prevention Training Tip Card. Follow up by discussing each vignette in the larger group. Encourage participation from each small group to share their ideas.

Closing:

20 minutes

- A. Utilize "Talking Points" section of Shoulder to Shoulder Training Guide. Review Training Tip Card and ACE card. Show group the Suicide Prevention website for Ft. Detrick so they become aware of available resources.

<http://www.detrack.army.mil/asap/suicideprevention.cfm>.