

PHYSICIAN'S APPROVAL FORM

Return to the Healthy Workplace Coordinator:

By Mail:
Army Substance Abuse Program
Healthy Workplace (MCHD-CSA)
1520 Freedman Drive, Suite 300
Fort Detrick, MD 21702-5016

By Fax: 301-619-6363

Civilian Employee's Name

Phone

The above civilian employee has medical approval to participate in the physical fitness component of the Fort Detrick Health Promotion "Healthy Workplace" Worksite Wellness Program. This program shall include mild to moderate intensity group physical activity, and use resources and facilities at various sites on the Fort Detrick installation.

The following restrictions apply (if none, so state):

Physician's Signature

Date

Physician's Name

Phone