



THE
FORT DETRICK WEEKLIES
ANNOUNCEMENTS, EVENTS AND TRAINING

July 17 – July 31

Please note:

These announcements are also listed [here](#) and are updated **DAILY**

The next publication of The Standard is July 25. If you have any submissions you would like considered for the paper please send them to usarmy.detrick.usag.mbx.pao@mail.mil by COB Friday, July 18.

You can follow USAG Fort Detrick on social media for daily updates and information. On Facebook go to: www.facebook.com/DetrickUSAG and “Like” us, or follow us on Twitter: @DetrickUSAG. For Forest Glen social media go to: <https://www.facebook.com/ForestGlenAnnex> and Twitter: @ForestGlenAnnex

Announcements

- **Café Too is now open! 7 a.m. - 1 p.m. daily.**
Specials for the week of July 21st
Monday - Gazpacho
Tuesday - Creamy Strawberry Soup
Thursday - Hawaiian Chicken Salad
Check out the menu on <http://detrick.armymwr.com/us/detrick/programs/cafe-too/>

You can pre-order and have your lunch ready to be picked up!

- **Performance TRIAD 1.5 Mile Activity Challenge**
Date: July 23
Time: 6:30 – 8:30 a.m.
Location: Track, located behind the fitness center
*Please bring your own water

For more information please contact the Performance Triad Officer at 301-619-9706

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- **The 2014-2015 Fort Detrick Post Guide and Post Map will be available for pick-up on Wednesday, July 23.**

Time: 10 a.m. – noon

Location: Barracks Complex, Building 1532 Quad Area

For more information contact the Public Affairs Office at 301-619-2018

- **The FCPS Earth and Space Science Lab's Ausherman Planetarium offers a variety of programs this summer.**

Tuesdays in July and August

Show times are at 1, 2 and 3 p.m., with doors opening at 12:30 p.m.

An adult must accompany any child 8th grade and younger. Parents may read the online description to learn whether the 45-minute show is appropriate.

For more information visit <https://education.fcps.org/essl/>

- **Tennis Court Closure**

The Fort Detrick tennis courts are currently off limits due to safety conditions. The tennis courts will reopen once repairs are completed. For questions or concerns, please contact Odom Fitness Center at 301-619-2498.

Events

<http://www.detrick.army.mil/calendar/index.cfm>

- **Summer Reading Program – Storytime Series**

Dates: July 10 and 24, August 14

Time: 10:30 a.m. – noon

Location: Balfour Beatty Community Neighborhood Center, Building 6000

Stories read by guest readers followed by fun crafts. Children 8 years of age or younger must be accompanied by a parent or legal guardian.

For more information, call 301-619-2839.

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- **Military Night in the Park**
Date: Saturday, July 26
Time: 6:30 p.m.
Location: Baker Park, Frederick, MD

This free and open to the public performance promises to entertain the crowd through both music and military precision.

The event will include performances by the 3rd U.S. Infantry (Old Guard), Fife and Drum Corps, the U.S. Army Drill Team, and the U.S. Coast Guard Honor Guard; showcasing skills and professionalism while allowing community members to interact with members of the U.S. Armed Forces.

Military Night in the Park will also be a time to commemorate the 50th anniversary of the Vietnam War. Veterans will be publically recognized for their outstanding service to our Nation.

Observers are reminded to bring chairs.

SKIES Summer Swimming and Martial Arts Programs

SWIMMING PROGRAMS

Guppies (Ages 6–15 months)

Cost: \$60.00 per session

Parent participation is required for this class.

Child must have full head control. The parent and infant will learn basic aquatic awareness and skills through creative, fun activities. Parents will sing songs and learn basic teaching techniques for their infant.

Session 1

Tuesdays and Thursdays

11:30 a.m. – noon and 5:30 – 6 p.m.

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July 22 & 24, 29 & 31

Session 2

11:30 a.m. – noon and 5:30 – 6 p.m.

Tuesdays and Thursdays

August 5 & 7, 12&14

Location: Outdoor Pool

Class size requires a minimum of 4 and a maximum of 6 students per class. Please register early-classes will be cancelled if participation is not at capacity.

MARTIAL ARTS

Taekwondo (Ages 6-18 years)

Fort Detrick Youth Center, Multipurpose Room

\$55.00 per month

Students will study and practice the physical aspects of martial arts (punch, kick, block, and move for self-defense), as well as perceiving and avoiding danger, avoidance and escape methods, and how to respond to a potential or actual threat. Students will also experience the spiritual side of the martial arts along with being taught the importance of personal character building.

Tuesdays and Thursdays

5:30 - 6:30 p.m.

Chapel Events and Announcements

- August 3-5: Marriage Enrichment Retreat at the Great Wolf Lodge, Williamsburg, VA. In accordance with the Army's Total Resiliency Campaign and Soldier and Family Fitness Directives, the Fort Detrick Garrison Unit Ministry Team will conduct a Couple's Marriage Enrichment Retreat at Great Wolf Lodge, 549 E. Rochambeau Dr, Williamsburg, VA 23188, August 3-5. Twenty five couples' slots are available. Contact the Fort Detrick Chapel for more info at 3-7371
- August 18-22: Vacation Bible School at the Post Chapel

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- August 19: Monthly Prayer Breakfast at the CAC from 7-8 a.m.
For more information on upcoming events at the Chapel call 301-619-7371

Barquist Army Health Clinic Announcements

- **Nurse Advice Line – The new after-hours number for the NAL is 1-800-TRICARE or 1-800-874-2273.**
- **RelayHealth Messaging System Offered to Barquist Patients**
Would you like to send a secure email to your doctor to ask a question instead of having to make an appointment? Do you want reduced wait times and no phone tag? Barquist Army Health Clinic has made it easier for patients to communicate with their doctors through the use of use of the secure RelayHealth messaging system.

RelayHealth is a commercial, off-the-shelf software suite, available to all patients who are enrolled at Barquist for care.

For more information go to www.relayhealth.com or visit the front desk of Barquist Army Health clinic to sign-up

- **Performance TRIAD Group Training**
To register for Performance TRIAD Group Training call (301) 619-7175
Performance TRIAD Group Training is held on Wednesdays from 1:30 – 2:30 p.m. at the Clinic
 - 1st Wednesday of the month: Pain management
 - 2nd Wednesday of the month: Sleep Disturbance
 - 3rd Wednesday of the month: Healthy Behavior, Eating, Exercise, and Sleep
 - 4th Wednesday of the month: Coping with Chronic Illness

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Voluntary Leave Transfer Program - (VLTP Participants are listed for one month)

http://www.opm.gov/forms/pdf_fill/opm630a.pdf. (Within Agency)

http://www.opm.gov/forms/pdf_fill/opm630b.pdf. (Outside Agency)

Mr. Phil Bailey of USAMMA has been approved for the Voluntary Leave Transfer Program. If you would like to donate any leave to Mr. Bailey, please complete an OPM Form 630-A for within Agency or OPM 630-B for Outside Agency form and forward to the Human Capital Office of USAMMA To Ronald.E.Jackson14.civ@mail.mil Any donations will be greatly appreciated. Thank you for your continued support.

Ms. Kristin Brockler at the Barquist Clinic has been approved for the Voluntary Leave Transfer Program (VLTP). If you would like to donate leave please fill out OPM Form 630-A for employees of Barquist, and OPM Form 630-B for employees of other organizations. Please send the completed forms directly to the payroll point of contact, Leah Graves, leah.j.graves.civ@mail.mil, phone number 301-677-8255, or fax to 301-677-8566. Thank you in advance for your generosity.

Training

- **The Army Substance Abuse Program Training**

The course satisfies one hour of Drug and Alcohol Prevention (DAPE) credit. In accordance with AR 350-1 and AR 600-85, Military are required 4 DAPE hours and Civilians are required 2 DAPE hours annually.

Topic: Designer Synthetic Drugs

Location: Community Support Center, Building 1520

- July 23, 10-11 a.m. & noon – 1 p.m., Classroom 5

For more information contact the DAPE Program Manager, 301-619-9722/9703

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- **ACE Civilian Suicide Prevention Training**

The course satisfies the yearly suicide prevention training required by AR 600-63. Please note this training is NOT required for contractors, although they are encouraged to attend.

- July 21, 1-2:30 a.m., Building 1520, Classroom 5
- July 28, 9-10:30 a.m., Building 1520, Classroom 6

- **Applied Suicide Intervention Skills Training (ASIST) for Gatekeepers**

For more information contact the Course Manager at 301-619-1751

- August 7-8, 8:30 a.m. – 4:30 p.m., Building 1520
- September 23-24, 8:30 a.m. – 4:30 p.m., Building 1520

- **Local Hazards Training Dates:**

Local Hazards Training is a part of the Army Traffic Safety Program and is mandatory for all new civilian and military personnel to be orientated to the local driving hazards, laws, and regulations. For more information contact the Safety Office at 301-619-7318

Date/Location/Hour (all): 2-3 p.m.:

- July 28, Building 1520, Classroom 6

- **The Fort Detrick Toastmasters Club** offers leadership and communications skills through tried and proven methods. This organization meets twice each month and provides the opportunity to expand your communication and leadership skills. FDTM is open to all military, civilians and contractors as well as the general public. We invite you to visit a future meeting to learn more.

During the month of July, we will hold a working lunch and meet at the NCI Cafeteria in the Café Room.

Schedule: 2nd and 4th Tuesday of each month

Time: noon – 1 p.m.

Location: NCI Cafeteria, Building 549

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