

**FORT DETRICK
ALL SERVICES RETIREE COUNCIL
1520 FREEDMAN DRIVE, SUITE 200
FORT DETRICK, MARYLAND 21702
301-619-9948**

REPORT TO RETIREES

The purpose of the Bulletin is to apprise retired service members and their Families of the services and activities available to them on post and within the installation's area of responsibility. This newsletter is published in accordance with AR 600-8-7, paragraph 6-2 a. The Council meets on the second Monday of each month at 1900; participation from the retiree community is encouraged. Please join us in Bldg. 1520, Community Support Center, on Freedman Drive (*beyond the Education and Training Center. NOTE: There is no entry through the Education and Training Center.*) for our monthly meetings or call one of the council members with your ideas, concerns, comments, or questions. A list of the Council members follows:

**COL Alan Phillips (USA-Ret)
Council Chairman
571-245-7879**

**CSM Bran Thompson (USA-Ret)
301-471-1153**

**CPT Robert E. Glausier (USMC-Ret)
301-573-5860**

**CSM Vernon R. Kephart (USA-Ret)
301-695-7533**

**Mrs. Betty Bennett (Spouse)
301-663-6431**

**RADM William G. Prescott (USPHS-Ret)
301-829-2064**

**Msgt Doug Markin (USAF-Ret)
301-619-2892**

**SFC James Frye (USA-Ret)
240-529-3134**

**MSG Frederick Moxley Jr. (USAR-Ret)
301-371-6195**

**SFC Michele Y. Thomas (USA-Ret)
301-619-3448**

**SGT Albertus Bogaard (USAR-Ret)
301-663-7988**

**MSG Scott McKnight (USA-Ret)
301-695-8958**

**Seaman Dennis Helmstetter (USN-Ret)
240-409-3966**

**1SG John Wilcox (USA-Ret)
301-695-9558**

**CDR Charles Chipley (USN-Ret)
301-668-4154**

**SFC Margret Sayre (USA-Ret)
301-846-0741**

SSG Tony Malavenda (USA-Ret)

**SFC Sheila Brown (USA-Ret)
301-663-6473**

**Mark Your Calendar Now:
ANNUAL RETIREE APPRECIATION DAY NOVEMBER 10, 2011**

Post It!

**FREQUENTLY CALLED TELEPHONE NUMBERS
AT FORT DETRICK:**

GARRISON COMMANDER.....	301-619-7314
GARRISON CSM.....	301-619-7314
RETIREMENT SERVICE OFFICER.....	301-619-9948
BARBER SHOP.....	301-619-2345 x103
CHAPEL.....	301-619-7371
CLEANER.....	301-694-3237
COMMISSARY.....	301-619-2989
FITNESS CENTER.....	301-619-2498
FORT DETRICK WEATHER LINE.....	800-256-7621
FORT DETRICK OPERATOR ASSISTANCE.....	301-619-8000
HEALTH CLINIC/TRICARE.....	301-619-7175
ID CARDS.....	301-619-7311
LEGAL ASSISTANCE.....	301-619-2221
POST EXCHANGE.....	301-619-2262
PROVOST MARSHAL.....	301-619-7114
THRIFT SHOP.....	301-619-2289
VETERANS AFFAIRS OUTPATIENT CLINIC.....	301-624-1200
RETIREE WEBPAGE.....	http://www.detrick.army.mil/retiree/
FORT DETRICK WEBPAGE.....	http://www.detrick.army.mil

OTHER FREQUENTLY CALLED NUMBERS:

BWI SPACE "A" TRAVEL.....	1-877-429-4262
DEERS.....	1-800-538-9552
DEPARTMENT OF VETERANS AFFAIRS	1-800-827-1000
RETIRED PAY (DFAS-CLEVELAND).....	VOICE: 1-800-321-1080
.....	FAX: 1-800-469-65



Colonel Allan J. Darden, Sr. became the 39th Commander of United States Army Garrison, Fort Detrick on July 15, 2011, replacing Colonel Judith D. Robinson. He is coming to Fort Detrick after graduating from the National Defense

University's Industrial College of Armed Forces, and completing a tour as the Deputy Director of Human Resources at the Office of the Army Surgeon General.

COL Darden said that he had fallen in love with the people and the city and looked forward to working with the community.

Not only do we have a new Garrison Commander, we also have a new Garrison Command Sergeant Major. CSM Federico E. Boyce replaces CSM James Shaheen who has retired from active duty. CSM Boyce is the first non-medical NCO assigned to this position in the Garrison at Fort Detrick.

Fort Detrick as an installation is transitioning from United States Army Medical Command (MEDCOM) to United States Installation Management Command (IMCOM). MG Gilman will continue as the Commander, Fort Detrick. Many of the mission partner units are part of the Medical Research and Materiel Command. This transfer to IMCOM should have little impact on military retirees and their family members. Installation services provided by the Garrison will continue at the same level that they are now. Most recently the Department of Veterans Affairs (VA) has opened an outpatient clinic at Fort Detrick to meet the medical needs of our Veterans. Please see the article about new VA Community Based Outpatient Clinic in this edition of the newsletter.

RETIREE APPRECIATION DAY

November 10, 2011

For 2011, the program will be held at the Francis Scott Key American Legion at 1450 Taney Avenue. The Retiree Appreciation Day (RAD) program will start at 9:00, followed by lunch break at noon and the Community Health EXPO in the afternoon. The Master of Ceremonies for the

program will be COL Alan B. Phillips, USA Retired new chairman of the All-Service Retiree Council. He replaced Lt Col Charles Eaton, USMCR Retired who recently left the Frederick area for the sunny weather in Florida and to join his wife who accepted a new position in Florida. COL Phillips is a West Point Graduate and comes to the Fort Detrick area with 30 years of active duty. During his career he served in various leadership and senior staff positions until he retired in August 1989. Since retirement, he has been an active member in several retiree councils, military service organizations and most recently as a member of the Chief of Staff, Army, Retiree Council.

COL Darden, the new Garrison Commander will greet you and provide an update on what has been happening at Fort Detrick since the last RAD and what is Fort Detrick's future as it transitions from Medical Command to Installation Management Command.

Mr. William "Bill" Hursh from the Army G-1, Retirement Services Office, currently working as the Army Survivor Benefit Plan Policy Proponent and Program Manager, will provide the key address. Mr. Hursh retired from the Army as a Sergeant Major and his last assignment was Sergeant Major, The Army Adjutant General Directorate, at the Human Resources Command.

Mr. James Burger, the Veteran Affairs Coordinator at the new Fort Detrick Community Based Outpatient Clinic will provide information on services and features of the clinic.

Major General James K. Gilman, Commanding General, U.S. Army Medical Research and Materiel Command and Fort Detrick will address the retirees and family members during the luncheon.

Due to the renovation of Bdg 1520A (last year meeting site) lunch will be at the American Legion. If you plan to eat lunch at the American Legion, the reservation form at reservation form at the end of this newsletter must be completed and mailed to Retiree Council (MCHD-CSP-T), 1520 Freedman Drive, Suite 200, Fort Detrick, MD 21702-9250, along with your money. Check should be made out to the American Legion Francis Scott Key Post 11. Each meal will cost \$12. Please

return your reservation as soon as possible, but not later than 3 November 2011.

The Community Expo/Health will start at 1030 in the Odom Fitness Center. However, you will have plenty of time to visit all the displays and information booths at the EXPO after your lunch. Information from various health care organizations will be featured. Blood pressure screenings, flu shots and medical advice will be dispensed by Barquist Medical Clinic. Bus transportation to and from the American Legion to Fort Detrick will be provided.

If you have any questions about the Retiree Appreciation Day program give Eddie Coleman a call at 301-619-9948.

Veterans Affairs Opens Fort Detrick Clinic

Frederick, Md. – Recently, the Martinsburg Veterans Affairs (VA) Medical Center opened the Fort Detrick Community Based Outpatient Clinic (CBOC) at the Fort Detrick Army Garrison in Frederick, Md. The new facility, a joint VA/DOD venture with over 15,000 square feet, provides local area Veterans with convenient and greater health care services, including primary care, telehealth, women's health, mental health, physical and occupational therapy, and laboratory services, as well as eligibility, enrollment and benefits counseling.

Following the Patient Aligned Care Teams (PACT) model, the Fort Detrick CBOC provides three fully functional PACTS's consisting of one physician, registered nurse, licensed practical nurse, and patient services assistant. "Two PACT's are already seeing patients, with the third to start by the end of the month," said Fort Detrick CBOC Coordinator Jim Burger.

In addition, the facility also employs a fulltime clinical pharmacist. The Fort Detrick CBOC accommodates a laboratory, mental health group therapy room, physical and occupational therapy room, orthopedic treatment room, and MyHealthVet service room, as well as multiple exam rooms and provider offices.

MyHealthVet is an e-health website that offers Veterans online access to VA health care services and benefits information. With

MyHealthVet, Veterans can change personal information, order prescription refills, receive lab or test results, reschedule appointments and communicate with their health care team through Secure Messaging.

For more information regarding Fort Detrick CBOC, call 301-624-1200, or to learn about additional services offered at the Martinsburg VA Medical Center, visit our website at www.martinsburg.va.gov.

The Martinsburg VA Medical Center mission is to honor America's Veterans by providing exceptional health care that improves their health and well-being. Located in West Virginia, the Medical Center offers a comprehensive range of services, including internal medicine, ambulatory surgery, audiology and speech pathology, dental, nursing home, nutrition, podiatry, prosthetics, women's health, mental health, and rehabilitation medicine. With a service area of nearly 130,000 veterans in West Virginia, Maryland, Virginia, and Pennsylvania, the Medical Center operates four VA-staffed Outpatient Clinics in Cumberland, Hagerstown, and Fort Detrick Md., and Stephens City, Va. and three contract clinics in Franklin and Petersburg, W.Va. and Harrisonburg, Va.

ON-POST HOUSING FOR MILITARY RETIREES

Balfour Beatty Communities has leased family housing to retired military members as well as DoD civilians who work at Fort Detrick. This program is available only when occupancy levels dip below a certain percent. The program is currently closed but it is anticipated that this program may open back up September 2011.

For those longing for a shorter commute to work or the security and camaraderie of on-post housing as they retire, the search is over.

Two and three bedroom townhomes maybe available for occupancy. Amenities include fully equipped kitchens, plenty of storage space, private parking, and spacious yards. Utilities, lawn care and maintenance are included in the rent. The rents were \$1325/month for a two bedroom and \$1520/month for a three bedroom. Balfour Beatty's

lease rates are comparable to the market outside the installation gate and may fluctuate according to demand. Pets are welcome.

The application process is quick and easy. To apply, potential residents must have verifiable employment and source of income, a good credit rating and satisfactory past rental history. Once the background check is complete and found acceptable, a twelve month lease will be executed and the new resident will be able to move in. A security deposit may be required.

For more information about housing or to set an appointment to tour available homes, contact Balfour Beatty Communities at 240-379-6518.

Health Clinic

The Survivor Outreach Services (SOS) Program

The Survivor Outreach Services Program, located within Army Community Service (ACS), is available to all surviving retiree spouses and family members in the Fort Detrick and surrounding areas. The intent of this comprehensive program is to ensure continued support as needed and desired by surviving family members for the duration of their immediate and long term care requirements. Services include but are not limited to: liaison to the Casualty Assistance Center /Casualty Assistance Officers located at the Fort Meade installation, grief counseling resources, life skills education, support services, Army benefits and financial counseling resources, and invitations to DFMWR/ACS events at Fort Detrick. The SOS point of contact is Ms. Christina Woody at 301-619-2197, or Christina.m.woody@us.army.mil.

Fort Detrick Commissary (Defense Commissary Agency)

The Fort Detrick Commissary is a full-service commissary carrying more than 9,000 items for your shopping pleasure.

Located at 1510 Porter Street., the commissary has a full service bakery/deli that offers fresh baked items daily, sandwiches made to order and deli trays. A full selection of meat items cut daily to ensure freshness. It also carries a large

selection of fresh fruits and vegetables comparable to any store in the area.

Special orders are encouraged from all departments. Meat and produce not normally stocked may be special ordered. This requires at least 24-hours advance notice. It includes products like extra thick-cut steaks, produce baskets, and party trays.

The commissary has checkout stands that handle credit cards, debit cards, food stamps and Women, Infant and Children, or WIC, transactions. There are also 2 self checkouts to speed up your shopping experience.

The commissary is easily accessible by anyone with special needs.

The staff at the Fort Detrick Commissary looks forward to making your shopping experience the best ever.

Hours of operation are Tuesday and Thursday 10 a.m. to 7 p.m., Wednesday and Friday 10 a.m. to 6 p.m., Saturday 9 a.m. to 6 p.m., Sunday 10 a.m. to 5 p.m. And closed Monday.

The best shopping hours are from 1 to 3 p.m. Tuesday through Friday and Sundays.

The commissary can be reached by telephone at 301-619-2990. Visit the Commissary Website at <http://www.detrick.army.mil/commissary/>

Family and Morale, Welfare and Recreation (Family and MWR)

Community Recreation Division is under the Directorate of Family and Morale, Welfare and Recreation (Family and MWR). All our services and programs are listed on the Fort Detrick home page www.detrick.army.mil. To view upcoming events, go to the Fort Detrick home page and select "Calendar". Next to the Calendar link is "Site Map Index". Under Site Map Index, a drop down link "A to Z" lists all the Fort Detrick programs and services alphabetically. Another source to obtain information on Community Recreation opportunities is the latest Fort Detrick Post Guide and Telephone Directory) Mr. Harry Geesaman is the Community Recreation Officer and you may reach him at 301-619-3237 or Email: harry.geesaman@us.army.mil.

The Automotive Service Center and Craft Shop is located at 1431 Sultan Drive, next to the coin-operated Car Wash. Patrons can work on their own vehicles, change oil and oil filters, brakes, exhaust systems, plus more. Trained mechanics can assist with technical guidance on your self-help projects. Bay fees are \$2.00 per hour, \$3.00 per hour for use of a bay lift. If you do not want to work on your own vehicle, there is a mechanic for hire on duty Monday through Friday. To schedule an appointment, call 301-619-2266. The Automotive Craft Center is open Monday, Friday, and Saturdays, 0900-1700, and Tuesdays, Wednesday, and Thursdays, 0900-1900. Call 301-619-2759 for more information.

Recreational Vehicle (RV) Storage is available on Fort Detrick. Also, if you wish to rent tables and chairs, canopies, and other equipment for your back-yard leisure activities. Fort Detrick rents camping trailers, large grills, bouncy castles, dunk tanks, and more. Fort Detrick has a Paintball Course in Area B. Call 301-619-2759 for more information.

Nallin Farm Recreation Area has three pavilions with picnic tables, grills, playground equipment, archery, and golf driving range. The archery and golf driving range are open year-round, sunrise to sunset, except for Wednesday morning sunrise to 1130. The Golf Driving Range has a \$3.00 and a \$5.00 golf ball dispenser machine. There is no bill changer available, exact dollar amount required. Pavilion reservations can be made by calling 301-619-3237 or by going to the Fort Detrick home page, select Nallin Farm Recreation Area link and click on the Pavilion Reservation Form. Nallin Farm Recreation Area has a Carry-In, Carry-out Trash Policy. If you want to learn more about the Hunting and Fishing Programs on Fort Detrick, go on to the Fort Detrick home page, click on Installation Extranet under Tools, click on Local Regulations, FDR 215-3 for Hunting and FDR 215-4 for Fishing information.

Odom Fitness Center is located at 1507 Porter Street and is open Monday through Friday, 0500 to 2000, and Saturdays and Sundays, 0700 to 1700 and holidays 0700-1500. The Fitness Center

is equipped with free weights, cardio and Nautilus equipment, spin bikes, aerobic room, men and women locker rooms, saunas, showers, indoor swimming pool, blood pressure check station, two racquetball courts, rock climbing wall and a regulation basketball court. Behind the Fitness Center, Detrick has a synthetic walking and jogging track. On Sultan Drive, there are four outdoor tennis courts and seasonal swimming pool. For more information on fitness and swimming classes, pool passes, on-post walking trails and personal fitness training, call 301-619-2498. Outdoor Pool telephone number is 301-619-2368.

The Post Library and Leisure Travel Office are located in Bldg. 1520, Community Support Center, Freedman Drive. The Library and Leisure Travel Office are open 0930 to 1630, Monday through Friday. The Post Library has computers, periodicals, magazines, regional newspapers, DVD movies, audio tapes, and wide selection books. The Leisure Travel Office offers discounted tickets to movie theaters, theme parks, and other local attractions. They can help you plan weekends, vacations, and cruises. Call the Leisure Travel Office at 301-619-2839 or Post Library at 301-619-2892.

Upcoming Community Events:

29 September, After Duty Social, 1600, Community Activities Center

15 October, Fishing Rodeo, 1000, Nallin Farm Pond

8 November, Laugh Out Loud Comedy Show, 1800, Community Activities Center

9 November, Army / Navy Flag Football Game, 1300, Blue and Gray Field

10 November, Retire Appreciation Day at Rally Point and Health Show, Odom Fitness Center

8 December, Annual Holiday Tree Lighting Program, 1630, Blue and Gray Field

VEHICLE REGISTRATION AND FISHING PERMITS To get or renew on-post vehicle decal, applicant must present a valid ID card, state vehicle registration, proof of insurance, and a driving license.

To get a fishing permit for on-post, applicant just needs an ID card. Both of these activities will have tables at the Community Expo in the Fitness Center on Retiree Appreciation Day.

Social Security Number Removal from ID Cards

DOD is removing the Social Security Numbers in order to protect the safety of service members and their families' personal identity information. ID Cards with an INDEF expiration date displaying a SSN (All Retirees) may be replaced by contacting the ID Card Section at (301) 619-7311. ID Cards will not be reissued or replaced for dependents until your current card expires. POC is Mr. Kenny Daniels at (301) 619-3381.

Veteran Service Counselor

A Veteran Service Representative from the Baltimore Regional Office, Department of Veteran Affairs is scheduled to be at the Military Personnel Division on a monthly basis. The VA Representative is a benefits and casualty specialist whose primary role is to assist active duty service members, military retirees, veterans, and surviving family members file new compensation claims.

Active duty service members and veterans will also be able to inquire about new VA Benefits, receive help with newly filed claims/appeals, and receive guidance on understanding VA policy and procedures. To schedule an appointment please call the Military Personnel Division (301) 619-7311.

Every third Wednesday, a VA Representative conducts a Transition Assistance Program briefing on current VA Benefits. For more information call Ms. Rebecca Hunlen at (301) 619-3138 or Mr. Kenny Daniels at (301) 619-3381.

THRIFT SHOP

Thrift Shop at Fort Detrick is open Tuesday, Wednesday, and Friday's from 10-3 and the 1st Saturday of each month from 9-12. More information on the Thrift Shop can be found on WWW.detrick.army.mil, and then select "site index", then Thrift Shop.

The Thrift Shop now accepts MC, Visa, and Discover cards, as well as, checks and cash. The

2011 White House Ornaments are here and cost is \$20. 2010 White House Ornaments are also still available, cost \$20. The 2011 Fort Detrick Ornament will soon be arriving soon (should be in by 13 September), cost is \$15 and it is of the Nallin Pond Farm House decorated for Christmas. 2000, 2001, 2002, 2003, 2004 and 2005 Fort Detrick Ornaments are also available for sale. Nallin Pond Prints by Rebecca Pearl are available for \$50. The Thrift Shop is open to the public to shop, but only Active Duty and Retired Military are eligible to consign, as well as Civilian employees and contractors employed by Fort Detrick. Volunteers are always needed. To contact the Thrift Shop call 301-619-2289 or e-mail Betty.E.Bennett@amedd.army.mil

Directions to Fort Detrick

Directions from Baltimore, Md.

Take Interstate 695 around Baltimore to Interstate 70 West. In Frederick, take Exit #53, Route 15 North. Follow Rt. 15 North to the 7th Street exit. Turn right on 7th Street; go 2 blocks, turn right on Taney Avenue. American Legion is about 1 mile on the right side on Taney Avenue.

Directions from Hagerstown, Md.

Take Interstate 70 East to Rt. 15 North (Exit #52). Follow Rt. 15 North to the 7th Street Exit. Turn right on 7th Street; go 2 blocks, turn right on Taney Avenue. American Legion is about 1 mile on the right side on Taney Avenue.

Directions from Washington D. C.

Take Interstate 495 North to Interstate 270 (Exit #38) toward Rockville, MD. At Frederick, Interstate 270 ends and joins Route 15 North. Follow Rt. 15 North to the 7th Street Exit. Turn right on 7th Street; go 2 blocks, turn right on Taney Avenue. American Legion is about 1 mile on the right side on Taney Avenue.

**FORT DETRICK 17TH ANNUAL RETIREE APPRECIATION DAY LUNCHEON at
AMERICAN LEGION**

1200 Noon, Thursday, November 10, 2011

MENU

Fried Chicken, Roast Beef, Potatoes, Green Bean, Corn, Tossed Salad, Rolls, Coffee, Iced Tea
w/Lemon and Water

Reservation Request

-----CLIP AND MAIL-----

Yes, I will attend the 17th Annual Retiree Appreciation Day Luncheon at the American Legion on
November 10, 2011. Please make _____ reservation (s) in my name. I have enclosed my check
or money order made payable to Francis Scott Key American Legion in the amount of
\$_____ (\$12.00 per person). **Reservations must be received no later than Friday,
November 3, 2011.**

Name _____
Street Address _____
City _____ **State** _____ **Zip** _____
Telephone number (in case of cancellation) _____
Email Address _____

DCTEE (MCHD-CSP-T)
All Services Retiree Council
15520 Freedman Drive, Suite 200
Fort Detrick, MD 21702-9250