

IVRS MENU

Call: 1-877-276-9287 (ABC-C) -<https://www.abc.army.mil>

Press **1** D/A Civ Employee
2 Army Unif Svcs

TSP Catch-up contributions Press **1**
If not - Press **2**

Info on the Customer Svc Survey - Press **1**
To access Benefits & Entitlements - Press **2**

Current Army Svc'd Employees -Press **1**
Retired Army Svc'd Emp or Survivor - Press **2**
Temporary Continuation of Coverage FEHB - Press **3**

Use SSN and Pin to access your records
To enter SSN and Pin - Press **1- goes to MAIN MENU**
Forgot PIN - Press **2 -goes below**

To change you pin - Press **1**
To continue press **2**

Will be asked
for your work #

2 Above -Allows you to reset your pin to a 6 digit number of your choice. You will need your last Leave & Earnings Stmt or SF-50 with the following information: SSN, DOB, SCD-Leave, PP, Grade,Step
To enter Press **1**, To replace Press **2** to Exit Press **9**

Main Menu(Select One)

- 1-FEHB
- 2-Retirement
- 3-TSP
- 4-FEGLI
- 5-Benefits News
- 6-Req Faxed Documents
- 9- Exit

FEHB

- 1 - General FEHB-Fax Back
- 2 - Personal FEHB
- 3 - New Emp Cov
- 4 - Self & Fam to Self
Only w/o Changing
Health Plans
- 5 - Open Season Election
- 6 - Cancel FEHB
- 7 - Non-Open Season Chg
- 8 - Faxed Copy of SF2809
- 0 -Transfer to a Benefits
Counselor
- 9 -Return to Previous Menu

RETIREMENT

- 1 -Gen Retirement -Fax Back
- 2 -Pers Retirement Info
- 3 -Retirement Estimate
- 0 -Transfer to Ben Counselor
- 9 - Return to Previous Menu

TSP

- 1 -Personal TSP - Fax Back
- 2 -Enroll or Chg TSP during
Open Season
- 3 -New Employee election
- 4 -Stop Contributions
- 5 -Elect/Chg/Stop Catch-up
Contributions
- 0 -Transfer to Benefits
Counselor
- 9 -Return to Previous Menu

FEGLI

- 1 - Gen FEGLI - Fax Back
- 2 - Personal FEGLI
- 3 - Elect New Emp FEGLI
- 4 - Non-Open Season Elect/
Chg/Term
- 5 - Open Season Election
- 0 - Transfer to Benefits
Counselor
- 9 - Return to Previous Menu

This side of the chart first - then

