

FREE YOURSELF.

**FREE Tobacco
Cessation Course**

**Class Begins:
05 FEB 2013 1430-1600**

This is a four week course. Additional course dates:

**12 FEB 2013 1500-1600
19 FEB 2013 1500-1600
26 FEB 2013 1500-1600**

**LOCATION:
WALTER REED NATIONAL MILITARY MEDICAL CENTER
AMERICA BUILDING
SECOND FLOOR
CONFERENCE ROOM A (#2525)**

***Brought to you by the Tobacco Cessation Program in
collaboration with the Army Substance Abuse Program***

FOR MORE INFORMATION CALL 301-295-0105

