Fort Detrick Well-Being Quarterly

April, May, June 2004

Photo by Doug Valentine

Your Guide to What's Happening at Fort Detrick

Inside this Issue:

15th ANNUAL ARMED FORCES DAY 10K RUN - 15 MAY

ARMED FORCES CELEBRATION - 12-15 MAY

PAINTBALL'S COMING...

AER CAMPAIGN - ENDS 15 MAY

RIGHT ARM NIGHT - 23 JUNE

From the Director

Once again, we are entering the busiest time of the year in the Well-Being business. Our staff and volunteers will begin to work long hours as they continue to provide a myriad of programs on the installation. Please take time to look at our Well-Being Quarterly and make note of the activities and events. Continue to tell your family and friends of all the great upcoming programs so we can have maximum support. As I have stated in the past, please continue to let us know how we are doing in our programs and services. Your input is truly important to us and without that input we cannot continue to enhance our services.

I would like to highlight some of our activities...

Our **Army Family Action Plan Conference will be conducted 26-30 April** at the Community Support Center. If you have suggestions for our leadership to improve the Well-Being for you and your family, this is the time to do that. You can participate in the conference by providing an issue or participating as a delegate. To get more information, contact our Army Community Service Office at 301-619-3787. Let your voice be heard. Make a difference by getting involved.

Armed Forces Week Celebration will be conducted again this year at the **Frederick Fairgrounds, 12-15 May**. This is the time of the year we can get involved with the Frederick community and let them know what we do in the military and at Fort Detrick. It's a time for learning and having fun. We end our Armed Forces Celebration with a great music and fireworks display on Saturday night, 15 May, so plan to be there.

Our outdoor programs kick into high gear this season! We have expanded the outdoor swimming facility by adding additional sand volleyball courts and a new water park and plans are being finalized for our **new Paintball facility** in Area B. Keep an eye out for publicity on this new program.

Also, plan to have your children participate in our **Youth Services Summer Camps, beginning 21 June**. Registration begins on 3 April, at the Community Support Center. For more information, contact the Youth Services Office at 301-619-2901.

You should start seeing a lot of construction going on as we continue to upgrade our infrastructures on Post. Work should be ongoing on a **new indoor swimming facility** that will be an addition to the Odom Physical Fitness Center (OPFC). It will increase our capabilities by providing another avenue for fitness, which we presently do not have. This will allow individuals who cannot participate in high-impact activities to have an alternative to enhance their fitness level. Furthermore, to ease the lack of parking at the OPFC, a new temporary parking area has been constructed to the rear of the facility. Finally, we have renovated the Golf Driving Range with a new storage facility and ball dispenser. Our new track, located behind the OPFC, should be completed in the near future.

Construction started early this year on our **new Post Exchange** and if the weather cooperates, we should have groundbreaking in late spring. This facility will double our present floor space to include the consolidation of present services, i.e., gas station, barber shop/beauty shop, cleaners, and the addition of new concessionaires and food operations. Construction on our **new Commissary** should commence in late summer as we expand those services.

Site preparation has begun on our **new dining facility and barracks project** as we continue to upgrade the living conditions of our Soldiers. Construction continues on the **Community Support Center** as we consolidate the majority of community support programs on the installation. Construction should be completed in late August.

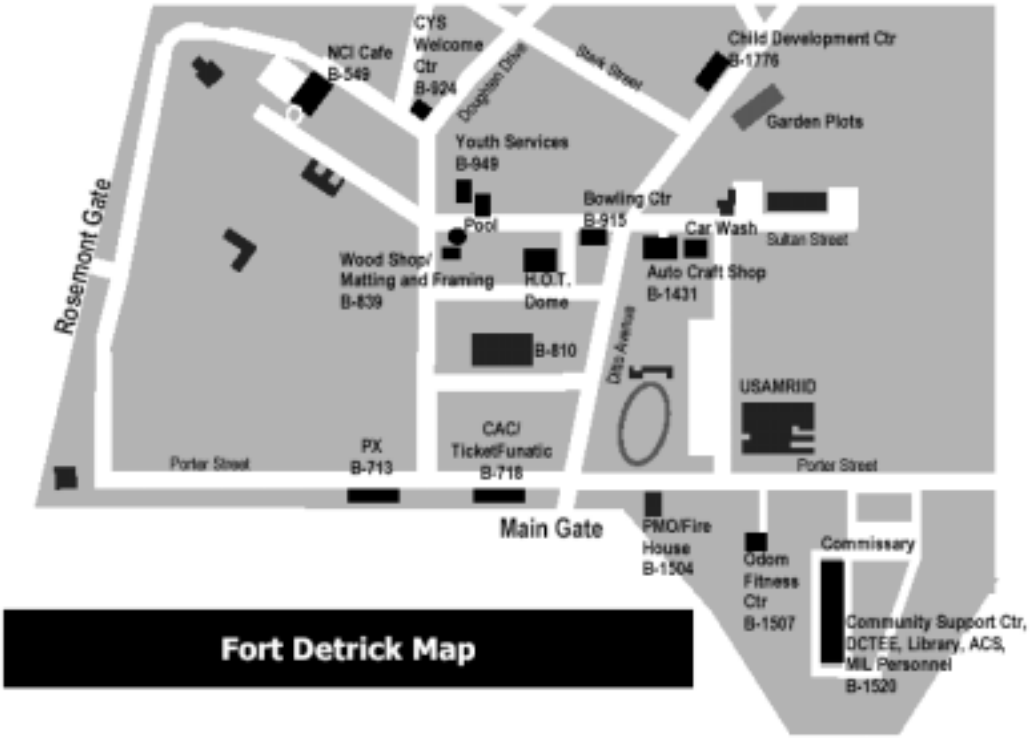
We have received approval from the Office of the Assistant Secretary of the Army for Manpower and Reserve Affairs to continue our efforts for construction of a Hotel/Convention Center and Golf Course. They recommended that we pursue the facility as a pilot test project under the Privatization of Army Lodging Program. We have contracted for a Project Validation Assessment that will validate the need for this facility and will recommend a plan of attack on how to make the facility a reality. Once again, thank you for your support and suggestions and let's make this spring and summer season a safe and worthwhile endeavor.

RAFAEL (RALPH) SANTALIZ, JR.
Director, Community Services

Well-Being Quarterly publish date: March 2004 by DCS Marketing.

For more information, or to contact the DCS Marketing Office, call 301-619-3323 or email USAGDirectorateof CommunityServices @det.amedd.army.mil. Neither the US Army nor any other part of the Federal Government offically endorses any program, entertainer, company, sponsor, or their products or services.

Find out more about upcoming events on the Fort Detrick website at www.detrick.army.mil/wellbeing



Fort Detrick Map

Post Exchange Hours

Mon-Sat	1000-1900
Sunday/Holidays	Closed

Phone: 301-662-7755

Barber Shop Hours

Monday	0900-1900
Tue, Wed, Fri	0900-1700
Thursday	0900-1900
Saturday	0900-1600
Sunday	Closed

Phone: 301-619-2345

Coach Dry Cleaner Hours

Mon-Fri	0900-1800
Saturday	0900-1500
Sunday	Closed

Phone: 301-694-3237

Service Station Hours

Mon-Fri	0900-1800
Saturday	1000-1700
Sunday/Holidays	Closed

Phone: 301-662-7777

Commissary Hours

Tue, Thu	1000-1900
Wed, Fri	1000-1800
Saturday	0900-1700
Sunday, Monday	Closed

Phone: 301-619-2989

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Community Activities Center/SportsFunatic

SportsFunatic,
Building 718
Hours of Operation:

Monday: 1100-1330
Tuesday-Wednesday: 1100-1330 & 1600-2000
Thursday: 1100-1330 & 1600-2100
Friday: 1100-2300
Saturday: 1200-2000
Sunday: 1300-1800

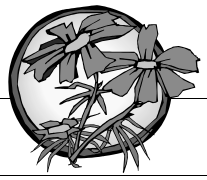
Catering

The Community Activities Center does wedding receptions!
Now is the time to start scheduling your wedding reception, big or small, formal or informal, the Community Activities Center can help make your day special. We can also cater for all occasions; picnics, promotion parties, retirement parties, birthday parties, anniversaries, or just a meeting between colleagues. Think of us for your next event. Our prices are great and we have a tremendous selection of foods for all occasions. Our experienced staff is here to meet all of your catering needs.
For more information, call 301-619-2823 or email usagcatering@amedd.army.mil

Welcome to the Sportsfunatic!

We offer a variety of food and a wide range of activities to our patrons! Try our famous chicken wings, "Dings & Zings," and play competitive NTN Trivia or some pool with your buddies. Our atmosphere is fun and unique with a "PastTime" Sports theme. We have 6 TVs for viewing leisure with our **AWESOME 60" FLAT SCREEN!** Stop by and check us out and watch some GREAT NASCAR racing! **You can call ahead and place your order by calling 301-619-2824 and get your food hot and fresh when you arrive!!**

Coming this Quarter…

APRIL	**Month of the Military Child** $1.99 personal size cheese pizzas to all military children 12 and under.	**21 April - Post Prayer Breakfast** 0700	**SATURDAY SPECIAL** Large, one topping pizza, $5.00 or Large Supreme, $6.00
	7 April - Pizza Buffet Lunch 1100-1300, ALL-U-CAN-EAT, $4.00	**22 April - Burger Bash** 1100-1300, ALL-U-CAN-EAT, $4.00	**NASCAR SUNDAY SPECIAL** Large Cheese Pizza, $4.00
	16 April - Shrimp Feed 180 tickets available at the CAC $20.00 per person	**29 APRIL - Pasta Bash** 1700-1900, ALL-U-CAN-EAT, $4.00	
MAY		**10-16 May – Community Activities Center Closed for Armed Forces and TSA Week**	**SATURDAY SPECIAL** Large, one topping pizza, $5.00 or Large Supreme, $6.00
		20 May - Pizza Buffet Lunch 1100-1330, ALL-U-CAN-EAT, $4.00	**NASCAR SUNDAY SPECIAL** Large Cheese Pizza, $4.00
	9 May - Mother's Day Buffet Brunch 1100-1300, $5.00	**26 May - Post Prayer Breakfast** 0700	
JUNE	**9 June - Pizza Buffet Lunch** 1100-1300, ALL-U-CAN-EAT, $4.00	**17 June - Pasta Bash** 1700-1900, ALL-U-CAN-EAT, $4.00	**25 June - Pasta Bash** 1100-1300, ALL-U-CAN-EAT, $4.00
	13 June - Father's Day Buffet Brunch 1100-1300, $5.00	**19 June - Baja Beach Bash** 2100-0200, $3.00 Cover with DJ Breakfast Buffet Served 2230-0100, $4.00 **WATCH FOR INFORMATION ON THIS EVENT AND TICKET SALES!**	**SATURDAY SPECIAL** Large, one topping pizza, $5.00 or Large Supreme, $6.00
		23 June - Right Arm Night $2.00 and Fun Times!	**NASCAR SUNDAY SPECIAL** Large Cheese Pizza, $4.00

Soldier Show Is Coming, 1 July 2004. Be on the look-out for more information…

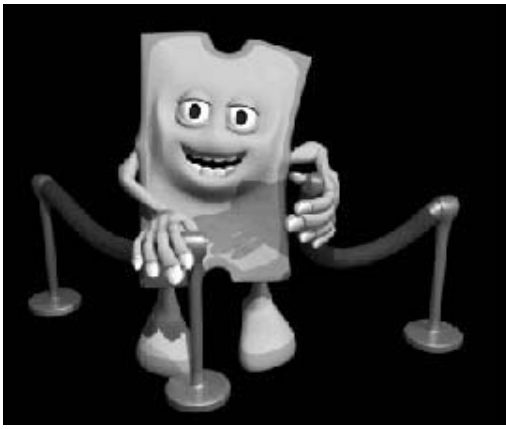
Community Activities Center/TicketFunatic

TicketFunatic
Building 718
301-619-2839 or email
USAGTicketFunatic@det.amedd.army.mil

Hours of Operation:
Tuesday-Wednesday: 1000-1400
Thursday-Friday: 1000-1700
Summer Hours begin 1 June:
Tuesday-Friday 1000-1700

Don't waste time in the ticket lines!
(Some people have saved three hours in line!!!)
Get your amusement park and other recreational tickets early and save time and money!

Hotel and cruise reservations are also available.



The following tickets are available: R/C Movie Theatre, 2004 Tee-Time Golf Pass, National Aquarium, Jamestown/Yorkstown Victory Center, Kings Dominion, Six Flags, Busch Gardens, Water Country, Hershey Park, Luray Caverns, Tourmobile (D.C. and Arlington Cemetery), Colonial Williamsburg, Medieval Times Dinner Theater and Tournament (MD, NJ, FL), Disney World, Universal Studios, Sea World, Cypress Gardens, Holy Land Experience, Discovery Cove, and Kennedy Space Center.
Some Florida area tickets require a two-week notice for delivery.
Florida area list of tickets is only a partial list.
Call TicketFunatic for additional attractions in other states.
Other tickets will be available soon. Make a weekend out of it – TicketFunatic can make hotel reservations for you and save!

Busch Gardens, Williamsburg, Virginia - opens 27 March 2004
Double Your Fun – 27 March-31 August (must be purchased by 31 May)
Two days for the price of one! - $42.00 (3yrs+) (reg $64.95+ tax)

Kings Dominion, Doswell, Virginia – opens 27 March 2004
Daily Pass - All Season (3yrs+) - $22.50 (reg $34.99+ tax)
Season Family Pass (4 persons) - $250.00 (reg $269.99+ tax)
Season Family Pass Add-On - $63.00 (reg $67.50+ tax)
Individual Season Pass - $75.00 (reg $84.99+ tax)

Six Flags, Largo, Maryland-opens 7 April 2004
Early Bird Special until 20 June - $23 (reg $36.99+ tax)

Hershey Park, Hershey, Pennsylvania – opens 7 May 2004
Special 7 May – 4 July (check with TicketFunatic before going – only select dates in May)
Adults - $23.95 (reg $37.95+ tax)
Juniors (3-8yrs)/Seniors (55-69yrs) - $20.00 (reg $21.95+ tax)

Fort Detrick presents...

The Fabulous Hubcaps

Thursday, 13 May 2004, 1900
Frederick Fairgrounds (During the Armed Forces Celebration)

Tickets: $5.00 - DoD ID Card Holders/$10.00 - General Public
ON SALE NOW AT TICKETFUNATIC!
Call 301-619-2839 or email USAGTicketFunatic@det.amedd.army.mil

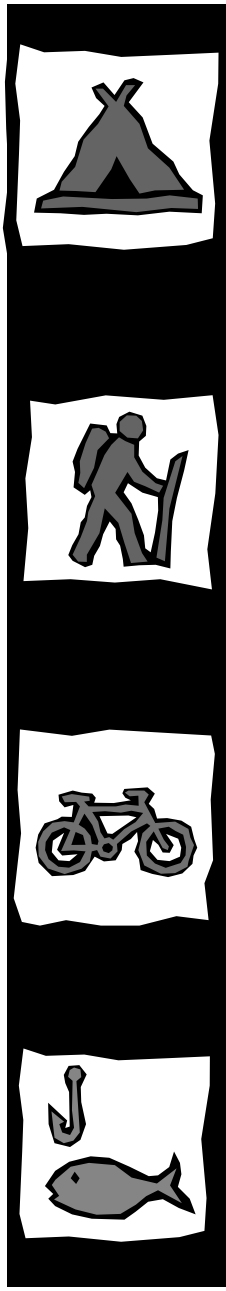
Equipment Issue

Building 1431

Hours of Operation:
Monday, Friday, and Saturday: 0900-1700
Tuesday, Wednesday, Thursday: 0900-2000

301-619-2759/2849

The Equipment Issue Center is constantly updating and adding new items, stop by and "Check It Out"



	PER DAY	PER WEEK
Canoe	8.00	40.00
Kayak	10.00	50.00
Bass Tracker	40.00	200.00
Hedge Trimmer	5.00	25.00
Golf Clubs Mens/Womens	10.00	40.00
Mountain Bike	10.00	50.00
Cot, Folding	3.00	10.00
Pop Up Camper	25.00	125.00
Volleyball Set	3.00	10.00
Badminton Set	2.00	8.00
Croquet Set	1.00	8.00
Horseshoe Set	3.00	10.00
Ice Chest	3.00	10.00
Heater	2.00	8.00
Camp Axe	2.00	8.00
Back Pack	2.00	8.00
Coleman Stove	3.00	10.00
Sleeping Bag	3.00	10.00
2/3 Person Tent	4.00	25.00
4/5 Person Tent	5.00	25.00
10/12 Person Tent	25.00	125.00
Hog Roaster	10.00	50.00
Super Cooker	25.00	125.00
Propane Deep Fryer	5.00	25.00
Fishing Boat and Package	30.00	100.00

	PER DAY	PER WEEK
Boat Motor (3.5, 2.3, 5 HP)	10.00	50.00
Life Vest (no charge with boat rental)	2.00	10.00
Oars/Paddles (no charge with boat rental)	1.00	5.00
Lantern, Battery, and Propane	3.00	10.00
Canopy (15x15)	15.00	75.00
Canopy (20x40)	25.00	125.00
E-Z Up Shelter (10x10)	15.00	75.00
Jig Saw	3.00	10.00
Grinder	3.00	10.00
Drill	3.00	10.00
Utility Trailer	10.00	40.00
ATV and Motorcycle Trailer	15.00	60.00
Leaf Blower	5.00	15.00
Sandblaster	5.00	25.00
Pressure Washer	25.00	125.00
Wet/Dry Vacuum	5.00	25.00
Walkie Talkies	5.00	25.00
Tarp (8x10, 10x12)	2.00	10.00
Fishing Rod Package	8.00	25.00
Portable Treestand (hunting)	15.00	60.00
Circular Saw	5.00	25.00
Seeder/Fertilizer	3.00	10.00
Water Cooler	3.00	10.00

SELLING YOUR CAR?
Display it at the Fort Detrick Resale Lot, located in the Bowling Center parking lot.
$5.00 for 2 weeks
Call 301-619-2266 for more information.

Community Gardens will open 1 April 2004. First right of refusal to previous gardeners.

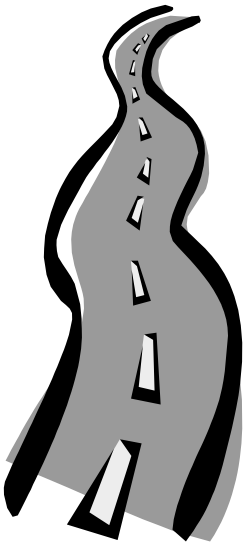
Auto Service Center

Building 1431

Hours of Operation:
Monday-Friday: 0900-1700
301-619-2266

CARWASH

SPRING IS HERE! YOUR CAR NEEDS TO LOOK GREAT!
Located at Auto Skills Center, Building 1431
3 bays available 24 hours per day, bill changer, and vending machines on premises, 3 vacuums available!



PREVENTIVE MAINTENANCE PRICE LIST

3,000 Mile Lube, Oil, and Filter Change	$19.95
Tire Rotation and Balance	$32.95
Complete Brake Inspection	$24.95
Brake Service (4 wheel drives and certain newer vehicles will be higher due to cost of parts)	$79.95
Brake Fluid Bleed, Flush, and Change	$49.95
Cooling System Service	$34.95
Automatic Transmission Service	$69.95
Fuel Injection Service	$39.95
Mount and Balance Tires	$32.95

Lube, Oil, and Filter Change, Rotate and Balance Tires $34.95

New service available:
Intake Cleaner now in stock!! $69.95 will clean all deposits from your system. Call 301-619-2266 for an appointment

Auto Skills Center

Building 1431

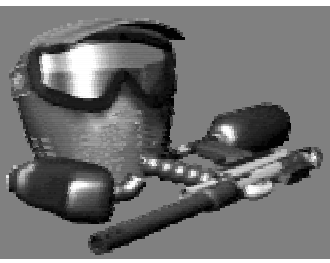
Hours of Operation:
Monday, Friday, and Saturday: 0900-1700
Tuesday, Wednesday, and Thursday: 0900-2100
301-619-2759/2849

CLEAN UP BEGINS 45 MINUTES PRIOR TO CLOSING

Vehicle Maintenance Clinic

13 and 14 April 2004
11 and 12 May 2004
8 and 9 June 2004
1800-2000

Bring your oil and filters, or buy them here! Our instructors will assist and show you the proper procedures for changing oil and filters. We will check belts, hoses, and test your anti-freeze. Call to pre-register. A $10.00 fee will be charged for bay usage and incidentals.



A Paintball Field is coming to Fort Detrick soon!

For more information or to become involved in the design and/or set, please call 301-619-2266/3237.

Multi-Crafts Center

MATTING AND FRAMING

Building 839

Hours of Operation:
Tuesday and Wednesday: 1400-2100
Thursday: 1700-2100
Friday: 1000-1700
Saturday: 0900-1700
301-619-2920

We offer glass cutting for picture frames or windows. Art supplies are available and special orders are welcomed.

UPCOMING CLASSES

14, 21, and 28 April
12, 19, and 26 May
16, 23, and 30 June

1700-1900 or 1900-2100

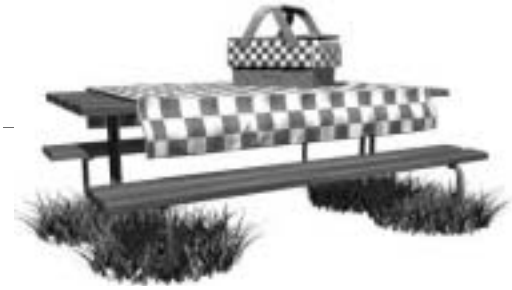
Learn in three weeks how to mat, frame, and create a beautiful finished product! Maximum of 5 students per session. Register in advance. Bring your own artwork to have framed. Minimum of 8" x 10" and maximum of 11" x 14". $35.00 + materials, per session.

WOODCRAFTS CENTER

Building 839

Hours of Operation:
Wednesday, Thursday, and Friday: 1300-2100
Saturday and Sunday: 0900-1700
301-619-2379

Safety Class
Every Friday at 1800
In order to use the Woodcrafts Center, it is mandatory that all patrons register for the Safety Class.



Upcoming Classes

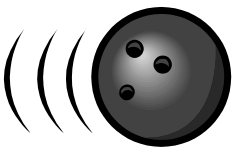
Storage Barns - 10 and 11 April
Picnic Tables - 21 and 22 May

Detrick Lanes

Building 915

Hours of Operation:
Monday-Friday: 1430-2100
Saturday: 1300-1900
Sunday: 1300-1800
301-619-2816

Nine Pin No Tap Tournament
Saturday, 17 April, 1800



Keep an eye out for Bowling Bucks coming this summer! Visit your Bowling Center for chances to win lots of prizes. More information coming soon...

Cosmic Bowling

Now at your Bowling Center on Saturday nights from 1900-2200.

Trying to plan a birthday party? We have affordable and fun birthday packages available.

Fitness Center and Sports

Building 1507

Hours of Operation:
Monday-Friday: 0600-2100
Saturday and Sunday: 0700-1500
Holidays: 1000-1500
301-619-2498

2004 Fort Detrick Intramural Softball League Coaches Meeting

14 April 2004, 1400
Odom Fitness Center, Building 1507
For more information, call 301-619-2498

15th Annual Armed Forces Day 10K Run

Saturday, 15 May 2004
Start Time: 0700 (NEW START TIME)
Odom Fitness Center, Building 1507
$15.00 entry fee per runner. Entries must be received by 9 May 2004
(NO RACE DAY REGISTRATION!) Pick up race forms at the Fitness Center or download the form on the website at
http://www.detrick.army.mil/AFD10KRun.pdf

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
KICK-BOX Theresa 0615	BUTT & GUT Theresa 0615	KICK-BOX Theresa 0615	TORSO TRAINING Theresa 0615	SPINNING Jay 0630	SPINNING Anne 0800	BUTT & GUT Theresa 0730
					INTERVAL TRAINING Anne 0900	SPINNING Anne 0900
STEP Kelly 1130	KICK-BOX Theresa 1130	DOUBLE STEP Kelly 1130	KICK-BOX Theresa 1130	STEP Kelly 1130		
	W.S.T. 101 Kelly 1300		W.S.T. 202 Kelly 1300			
SPINNING Kelly 1630-1715	BUTT & GUT Kelly 1630	SPINNING Kelly 1630-1715	BUTT & GUT Anne 1630			
CARDIO CHALLENGE Tammy 1730-1845	INSTR CHOICE Tammy/Kelly 1730	CARDIO CHALLENGE Tammy 1730-1845	CARDIO PUMP Anne 1730	KICK-BOX Anne 1700		
	W.S.T. 101 Kelly 1830		W.S.T. 202 Kelly 1830			

SPRING GROUP EXERCISE SCHEDULE

Participants must pre-register for W.S.T. 101 and W.S.T. 202 classes

Participants must sign-up for Spinning, prior to class time. Only those present at the time class begins will be guaranteed a bike!

ALL OTHER CLASSES DO NOT HAVE PRIOR REGISTRATION!

Contact 301-619-2930 for more information.

ORIENTATION, 5 APRIL 2004, 1300 or 1800
Initial weigh-in, 5 April 2004/Final weigh-in, 17 May 2004
CPT Jennifer J. Shafer Odom Fitness Center
(All weigh-ins are confidential and privately documented by Fitness Trainer)
$10.00 Fee (cash or check only, due at orientation) includes program T-shirt, fitness guidance, nutritional tips, Certificate of Accomplishment, and personal gratification!
6 week program to reach your goal of becoming 10 lbs. lighter
All 10 lb. "losers" will be awarded MWR prizes!

Swim Season 2004

Pool opens Memorial Day weekend through Labor Day

Hours of Operation: 1100-2000

Daily passes will be available for purchase at the Pool, beginning Memorial Day weekend. Cost is $3.00 for military and $5.00 for civilians.

Pool membership passes may be purchased from 1230-1900, at the Odom Fitness Center beginning 20 April 2004 or at the Pool starting Memorial Day weekend.

Pool Membership Fees

CATEGORY	INDIVIDUAL	FAMILY*
E1-E4 (Active Duty, Reservists, National Guard, and Retirees) (GS-1 - GS-5)	$25.00	$40.00
E5-E6 (Active Duty, Reservists, National Guard, and Retirees)	$35.00	$75.00
E7-E9 (Active Duty, Reservists, National Guard, and Retirees)	$40.00	$90.00
Officers (Active Duty, Reservists, National Guard, and Retirees)	$50.00	$105.00
DA Civilians (GS-6 and up) (Contractors with Fort Detrick Identification)	$55.00	$120.00

***FAMILY FEE INCLUDES UP TO 5 MEMBERS, EACH ADDITIONAL MEMBER IS $5.00**

Pool Phone Number: 301-619-2368
Fitness Center Phone Number: 301-619-2498

Admittance to the Pool facility is by membership or daily fee. The Pool is open to military personnel, both active duty and retirees, and their families, federal civilian employees and their families, as well as contract employees assigned to Fort Detrick and their families.

The Pool may be reserved for private pool parties. Beginning 20 April 2004, reservations may be made at the Fitness Center or at the Pool after Memorial Day.

www.detrick.army.mil/wellbeing

SWIM LESSONS

Red Cross Instructors

Cost: $25 military/$30 civilian per session. Must register in person at the pool. First day of registration is for military and family members. Registration from 1100-1300 on days stated.

Class Schedule

Session I (registration: 7-11 June)
21-24 June, 25 June - Rain Date
28 June-1 July, 2 July - Rain Date

Session II (registration: 21-25 June)
5-8 July, 9 July - Rain Date
12-15 July, 16 July - Rain Date

Session III (registration: 5-9 July)
19-22 July, 23 July - Rain Date
26-29 July, 30 July - Rain Date

Session IV (registration: 26-30 July)
2-5 August, 6 August - Rain Date
9-12 August, 13 August - Rain Date

Interested in Private Swim Lessons?

Private swim lessons are available at your convenience. The cost is $35.00 for four separate 1/2 hour sessions. The times will be arranged between you and the lifeguard/instructor that you work with.

Classes Offered

Classes offered according to the Red Cross system of leveling.

Tots (3-5 years)

Level I	**Water Exploration**
Level II	**Primary Skills**
Level III	**Stroke Readiness**
Level IV	**Stroke Development**
Level V	**Stroke Refinement**

The first class begins at 0800 and the last class ends at 1100. The schedule will change for each session. The exact schedule will be available before each registration period. Tots classes are 30 minutes and cost is $20.00 per child. We will be happy to answer questions and help with placement when you sign up for lessons.

For more information, call the Pool, Building 839, at 301-619-2368

Lifeguard/WSI positions available for Summer 2004. Fort Detrick Swimming Pool If interested, contact Donna Meyer at 301-619-2760.

Better Opportunities for Single Servicemembers

BOSS is a program that supports the overall quality of life for single and unaccompanied servicemembers. The BOSS program supports the chain of command by identifying well-being issues and concerns and by providing recommendations for well-being improvements. The BOSS program provides an opportunity for single servicemembers to participate in and contribute to their communities. The BOSS Council is always looking for Soldiers interested in getting involved in planning community service projects, improving the well-being of the single Soldier, and planning recreational activities.

BOSS meetings are held every Monday in Building 810, Conference Room 3, at 1500. All single servicemembers are welcome to attend. For more information email: usagboss@det.amedd.army.mil

NCI Café

Building 549

Hours of Operation:
Monday-Friday
Hot Breakfast, 0700-1000
Lunch, 1100-1400 (close at 1400)
301-846-1750

CALL 301-846-6699 FOR MENU AND SOUP OF THE DAY!

We specialize in baking and decorating cakes for any occasion. Call 301-846-1750 for more information.

MENU
Entrée Prices: $2.50-$3.50
Side Items: $0.85-$1.00
Desserts (cakes, pies, and cookies): $0.35-$2.50
Frozen yogurt and soft serve ice-cream with assorted toppings and salad bar are offered by the ounce.

Open to all personnel who work and live on Fort Detrick! If you've been going off post for breakfast and lunch, you know how expensive and inconvenient it can get. We have your solution!
THE NCI CAFÉ IS RIGHT HERE WITH GREAT PRICES AND A WONDERFUL SELECTION!

Café Too!

Community Support Center, Building 1520
Hours of Operation:
Monday-Friday: 0700-1300
301-619-6277

Open for breakfast and lunch with daily specials!
We have breakfast sandwiches, bagels, pastries, fresh fruit, coffee, cappuccino, lunch sandwiches, pre-made salads, hot soups, sodas, and much more!

Fort Detrick All Services Retiree Council

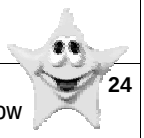
On 25 April 1995, the Garrison Commander appointed a Fort Detrick All Services Retiree Council. The purpose of the Council is to provide retirees with a means of communicating with the active and reserve military; to analyze and influence decisions, policies, and laws; to take part in programs concerning their well-being; and to develop public support of military programs through retirees.

The Council meets on the second Monday of each month at 1900 and we need to hear from the retiree community. Come to our meetings in the Community Support Center, Building 1520, Freedman Drive, or call one of the council members with your ideas, concerns, comments, or questions at 301-619-3340.

Child and Youth Services

School Age Services / Youth Services Calendar of Activities

April

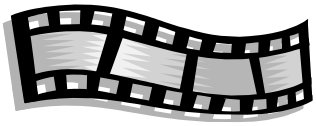
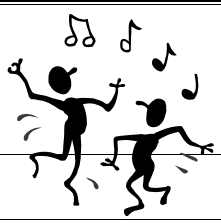
SUN	MON	TUE	WED	THU	FRI	SAT
				1	2 Eggstravaganza Egg Hunt 1100, Ages 10 and younger Pre-registration required! $3.00 Members/$4.00 Non-members Sky Dome 3 APRIL	3 Computer Classes 1500-1600, Grades 1-5 1600-1700, Grades 6-12 Free, sign-up in Computer Lab
4	5	6	7	8 Super Hero Bingo Family Night 1700-1800, Food specials 1700, Bingo All ages, parents must go with children. Prices TBA, Community Activities Center	9 SAS Family Dinner & Movie Night 1830-2100 (Pre-registration required!) Come for dinner and enjoy "Snow Dogs". Grades 1-5 with parent $5.00 Members/$6.00 Non-members Sky Dome	10 Easter Craft Fun 1700-1930 All ages $3.00 Members/$4.00 Non-members Sky Dome
11	12	13	14	15	16	17 Soccer Season Starts 
18	19	20	21	22	23	24 Star Quest Talent Show 1900-2100 Come join us and our talented youth for an evening of entertainment! All ages, families welcome $2.00 Members/$3.00 Non-members Strough Auditorium
25	26	27	28	29	30 Middle & Teen Dinner & Movie Night Out Time TBA Grades 6-12, Cost TBA Departs Sky Dome	31

The FCC Program currently has homes open in the following locations: Cascade, Frederick, and Fort Detrick. Parents who are interested in enrolling their children in one of our Army FCC homes may contact the CYS Central Enrollment Office at 301-619-7100 for more information.

CYS ARMY FAMILY CHILD CARE (FCC) PROGRAM

The CYS Army FCC Program might be for you! Subsidy incentives are available which include $100.00 monthly subsidy for infant care, shift care, or special needs care. If you become an off-post provider, you are eligible for a $600.00 bonus to offset the costs incurred in the state licensing process. Toys and equipment are available from the FCC Lending Library to FCC providers. Please contact the FCC Office at 301-619-3405 for more information or to register for the free FCC provisional trainings held periodically.

May

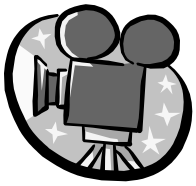
SUN	MON	TUE	WED	THU	FRI	SAT
					Shopping Trip to Towson Town Center 1000-1800 Grades 6-12, grades 5 and under with parent Families welcome, pre-registration required! $5.00 Members/$6.00 Non-members Bus departs Sky Dome 1 MAY	1 Computer Classes 1500-1600, Grades 1-5 1600-1700, Grades 6-12 Free, sign-up in Computer Lab
2	3	4	5 Cinco De Mayo Taco Night 1800-1930, Grades 6-12 Pre-registration is required. $4.00 Member/ $5.00 Non-members per plate Sky Dome 	6	7 SAS Family Dinner & Movie 1630-2100, movie will be announced. Grades 1-5 with parent $5.00 Members/$6.00 Non-members Sky Dome 	8 Community Service Spring Cleaning 1600-1800 Earn volunteer credits and clean the Center Grades 6-12, Free, Sky Dome Mothers Day Craft 1830-2000, All ages $4.00 Members/$5.00 Non-members Sky Dome
9	10	11	12	13	14 YS Center Closes at 1800	15 YS Center Closed
16	17	18	19	20	21 	22 Middle and Teen Spring Dance 1930-2230, Grades 6-12 $3.00 Members/$4.00 Non-members Sky Dome
23/30	24/31	25	26	27	28	29

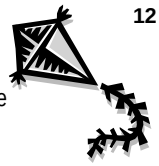
ARMED FORCES CELEBRATION, Come see us at Frederick Fairgrounds

Child and Youth Services

June

SUN	MON	TUE	WED	THU	FRI	SAT
		1	2	3	4 **Middle & Teen Dinner & Movie Night Out** Time and cost TBA Grades 6-12 Departs Sky Dome	5 **Computer Classes** 1500-1600, Grades 1-5 1600-1700, Grades 6-12 Free, sign-up in the Computer Lab. **Almost Summer Ice Cream Social** 1600-1800, All ages, families welcome. $2.00 Members/$3.00 Non-members Sky Dome
6	7	8	9	10	11 **SAS Family Dinner & Movie** 1830-2100, Movie will be announced. Grades 1-5 with parent $5.00 Members/$6.00 Non-members Sky Dome	12 **Kite Flying Competition** Cost and time TBA All ages, families welcome Sky Dome
13	14	15	16	17	18 **End of the School Year Pool Party** 2000-2230, Grades 6-12 $3.00 Members/$4.00 Non-members Fort Detrick Pool	19 **Father's Day Crafts** 1600-1800, all ages $4.00 Members/$5.00 Non-members Sky Dome
20	21	22	23 **Six Flags Trip** 1000-2130, Grades 6-12 Trip open to grades 5 and under accompanied by parent. Departs Sky Dome	24	25	*26*
27	28	29	30			





Child and Youth Services Liaison, Education, and Outreach Services (CLEOS)

The CLEOS program is dedicated to promoting communication between local schools and parents of the entire Fort Detrick community. Our goal is to build partnerships with schools, to better assist the military and Department of Defense families. The CLEOS program also offers many parent and youth education opportunities that are open to the Fort Detrick community. Every child deserves a quality education; when we all work ogether, our dream becomes a reality. Contact your CLEOS Office at 301-619-3247 or visit the CYS Welcome Center, Building 924.

Join the CLEOS Adopt-A-School Program!

This program offers many opportunities to give time as volunteers in the Frederick County Public Schools (FCPS). Participating units and agencies provide up to 90 minutes of time from the duty day, per week, for military and civilians to participate in this worthy program. We have a great need for volunteers in the Whittier Elementary School, Carroll Manor Elementary School, West Frederick Middle School, FCPS Career and Technology Center, and the English as a Second Language Program in the local schools. For more information or to register as a volunteer, call the CLEOS Office at 301-619-3247 or visit us at the CYS Welcome Center, Building 924.

Child and Youth Services (CYS) Parent Advisory Council (PAC)

All parents of CYS registered youth are welcome. The council explores new ways they can support the CYS programs as they strive to better serve the families of Fort Detrick. Come discuss, with other parents and CYS staff, questions or concerns you may have. The PAC invites you to all of the meetings listed below and to watch the Fort Detrick STANDARD, Fort Detrick Web Site, and email for upcoming events. Contact the CLEOS Office at 301-619-3247 for more information.

Parent Topic:
"When Parents Disagree: Becoming an Effective Parenting Team"
Presented by Sue Cohen, Ceridian
15 April 2004
1130-1300
Bring your lunch!
Sky Dome

Parent Topic: "Connecting with Your Teenager"
Presented by Sue Cohen, Ceridian
13 May 2004
1130-1300
Bring your lunch!
Sky Dome

Parent Topic: Successful Parenting Workshop, "The Single Parent Family"
Presented by
Beverley Tuggle,
CLEOS Director
17 June 2004
1130-1300
Bring your lunch!
Chapel, Building 1776

Volunteer Program

Hours of Operation:
Monday-Friday: 0830-1530
Community Support Center, Building 1520, Room 129
301-619-3171
USAGVolunteerProgram@det.amedd.army.mil

Annual Volunteer Recognition Ceremony
5 April 2004, 1600,
Captain Jennifer J. Shafer Odom Fitness Center

The public is welcome to attend as we recognize our volunteers who have given so much to the Fort Detrick community. National Volunteer Week is 18-24 April 2004. The theme this year is "Volunteers Inspire By Example".

Armed Services Blood Drives

25 May 2004 and 30 June 2004
0900-1300, Community Activities Center (CAC), Building 718.

Fort Detrick will be hosting blood drives for the National Capital Region Blood Bank, which services the military in this region and overseas. If you would like more information or would like to donate blood, please contact the Installation Volunteer Coordinator at 301-619-3171 or send an email to USAGVolunteerProgram@det.amedd.army.mil.

Armed Forces Celebration

Fort Detrick will be celebrating Armed Forces Day, 12-15 May 2004, at the Frederick Fairgrounds. The success of this big 4-day event depends on the help of many volunteers. **Volunteers are needed to sell tickets, serve beverages and food, set up and tear down for the concert and wrestling events, aid with the 10k Run, assist with parking, and in other areas. Please note that persons wishing to volunteer for beverage and food service must attend one of the two training sessions given below.** For more information on volunteering for this event or any other activity, please contact the Installation Volunteer Coordinator at 301-619-3171 or send email to USAGVolunteerProgram@det.amedd.army.mil.

Training for Beverage and Food Servers will be held on 14 April and 5 May 2004, 1330, at the Community Support Center, Breakout Room 3, 1520 Freedman Drive.

Exceptional Family Member Program

Building 1520, Room 122
Phone: 301-619-3385

The EFMP serves family members of all active duty personnel from birth to age 21 that have a special need or disability. Sponsors who have physical custody of a parent or relative older than 21 are also eligible for the program, i.e., a parent who had a stroke and is now in one's care.

EXAMPLES OF SPECIAL NEEDS: Attention Deficit Disorder, Diabetes, Asthma, Epilepsy/Seizure Disorder, Autism, Cerebral Palsy, and many mental and psychiatric disorders.

The EFMP has a resource library of videotapes, books, pamphlets, brochures, and handouts on various special needs and disabilities. You do not have to be enrolled in the program to be able to access the resource library. The EFMP Manager can help in providing you with resources in the Tri-County area such as location of local support groups in the area.

EFMP Installation Committee Meeting
Thursday, 8 April 2004, 1400
Community Support Center, Building 1520, Blue and Gray Conference Room
This meeting is open to anyone interested in attending. The guest speaker will be Dr. Ralph McBee, Director of the Monocacy Neurodevelopmental Center. The agency provides comprehensive services, including treatment, to children and adults with developmental issues such as ADHD, learning disabilities, speech and language disorders, and Autism. He will be speaking on the variety of programs and services that fall under this agency.
Dr. McBee's specialty is Autism.

Special Needs Support Group
Wednesday, 21 April 2004
1130-1300
Chapel, Building 1776, Library Room #2
Topic: Individualized Education Program (IEP)
The manager will inform attendees of the rights and responsibilities that parents have in reference to their children and the IEP

Seminar - Strategies for Dealing with Children with Various Temperaments

Thursday, 22 April 2004, 1300, Youth Services Sky Dome, Building 949
FREE! Open to all Fort Detrick employees and family members.

Speaker - Dr. Scott Winget, Director of Monocacy Neurodevelopmental Center, Frederick, Maryland.
Dr. Winget is a locally well known psychologist, licensed in the state of Maryland, who specializes in working with individuals who have ADHD and learning disabilities. Information will be provided on how to deal with social behaviors of children and plans of action to improve parent/caregiver child relationships.

Family Advocacy Program

April

MON	TUE	WED	THU	FRI
			1	2 Playgroup 1000-1100
5	6	7	8	9
12	13	14 Playgroup 1000-1100	15	16 Playgroup 1000-1100
19	20	21 Playgroup 1000-1100	22	23
26	27	28 Playgroup 1000-1100	29 Keeping Kids Safe Event* 1700-1900	30

May

MON	TUE	WED	THU	FRI
3	4	5 Playgroup 1000-1100	6	7 Playgroup 1000-1100
10 Single Parent Support Group 1200-1300	11	12 Playgroup 1000-1100	13 Key to Caregiving Ages 1-3 1830-2000	14 Playgroup 1000-1100
17	18	19 Playgroup 1000-1100	20	21 Playgroup 1000-1100
24 Single Parent Support Group 1200-1300	25	26 Playgroup 1000-1100	27	28 Playgroup 1000-1100
31				

June

MON	TUE	WED	THU	FRI
	1	2 Playgroup 1000-1100	3	4 Playgroup 1000-1100
7	8	9 Playgroup 1000-1100	10	11 Playgroup 1000-1100
14 Single Parent Support Group 1200-1300	15	16 Playgroup 1000-1100	17	18 Playgroup 1000-1100
21	22	23 Playgroup 1000-1100	24	25 Playgroup 1000-1100
28 Single Parent Support Group 1200-1300	29	30 Playgroup 1000-1100		

"Building StrOnger Relationships"

Playgroup: A much needed social and fun environment for parents, childcare providers, and children. No registration required. Join us at the Child Development Center, Building 1776.

Single Parent Support Group: Join this bi-monthly group to enhance your parenting skills and support network. Bring your lunch, your stories, and your empathy. Group will meet in the Community Support Center, Building 1520.
No registration required.

PARENTING WORKSHOPS

All classes below are located at the Post Chapel, Building 1776

***Keeping Kids Safe Event:** Join the Family Advocacy Team for an evening of fun geared towards keeping kids safe. There will be free food, face painting, Safety Identification Kits for each child, McGruff, and a Moon Bounce.

****Key to Caregiving - Ages 1-3:** Learn about your child's behavior and how it impacts your parenting. This class will focus on children ages 1-3.

For more information and to register for classes, call 301-619-3404.

All programs are open to military and civilian employees. Participants who attend any of the classes can receive up to a 10 percent discount on their monthly childcare fees at the Child Development Center and School Age Services. Active duty military personnel may be eligible to receive credit toward promotion points for class participation. Registration is required for all classes unless otherwise specified.

Employment and Transition

All classes are held in the Community Support Center, Building 1520. All services require prior appointments and registration. All services are available to Army, Navy, Air Force, Coast Guard, and Marines. For more information or to register, call 301-619-4524.

I. Transition Services (ACAP) for Military Separating Within One Year

Career Assessment

1 hour appointments Room 128

Professional guidance in assessing job skills, interest values, and personality types. May be administrated electronically and used as a tool in career decision making and identifying suitable job matches. For military personnel, civilians, and family members.

Preseparation Briefing and Job Search Workshop (Mandatory)

14-16 April 19-21 May 16-18 June
0800-1600 Advanced Technology Classroom

For separating military personnel, civilians, and family members. Includes completion of mandatory Preseparation Counseling Checklist, DD Form 2648; scheduling appointments for applicable transition services, administering intake for Individual Transition Planning, training in job searching skills and facing issues of transition and career assessments. Includes mock interviews, resume writing, networking, salary negotiations, and the electronic job search.

Pre-Retirement and Executive Level Career Workshop

16-18 June
0830-1500 Classroom 1

Exit briefings on benefits and entitlements from various subject matter experts and referral sources.

Veterans Administration (VA) Consultation

Registration required, call 301-619-3257.

For separating military and retirees. Individualized counseling and guidance in obtaining benefits and administration of application process for loans and entitlements.

Job Fair

27 April 25 May 29 June
1000-1400

Maryland Job Service 5340 Spectrum Drive, Frederick, Maryland

II. Employment Assistance for Family Members, Military, and Civilians

Career/Job Search Counseling

1 hour appointments Room 128

For military personnel and family members needing individualized professional assistance in developing job search skills and career assessment for pursuit of suitable careers; dealing with barriers to employment, effects of career change, relocating and transition issues, or unexpected loss of job.

Effective Job Interviewing Counseling

1 hour appointments Room 128

For spouse and family members only. Counseling helps the job seeker anticipate what interviewers are looking for and to plan ahead and avoid common mistakes in the interview process.

Resume Workshop

1 hour appointments Room 128

For spouse and family members only. Individualized professional assistance in preparation, editing, and development of various types of resumes customized to meet employment requirements. Includes traditional and electronic type resume.

Employer Forum

April May June

An opportunity to gain insight on career opportunities from selected groups of companies who are likely to hire military specialties and qualified family members. Company, date, and time will be advertised.

Employment and Transition

Spouse Career Development Counseling

1 hour appointments Room 128

For military spouses needing assistance in jump starting their careers. Includes information to enhance personal and professional self while maintaining a military lifestyle or while career is on hold.

III. Commercial Activities (CA) Studies Training Support for Federal Employees

Federal Job Kit

2 April

0800 - 1600 Classroom 3

Provides training on how to prepare a Resumix, SF 171, OF 612, and other on-line process. Enables a participant to complete federal application process. Includes basic guidelines in resume preparation, review and edit drafts, and provide individualized coaching.

Civilian Career Counseling and OF 612 Assistance

Provides individual assistance to civilian employees on dealing with job transitions and professional guidance on career growth and enhancement. Assistance in completeing the OF 612 and Resumix is provided. **By appointment only.**

On-line registration is preferred for all classes at www.detrick.army.mil. Select "Services". Click on "Employment and Transition", register on-line. We will confirm registration and appointments within two working days.

Financial Readiness Program

Community Support Center, Building 1520
Hours of Operation:
Monday-Friday: 0800-1700
301-619-3455/3456

Resources available to military personnel, retirees, family members, and DoD civilians

ƀ Budget Counseling ƀ Investment Counseling ƀ Retirement Counseling ƀ Lending Library ƀ
ƀ Credit Counseling ƀ Consumer Complaint Resolution ƀ Debt Management Service ƀ
ƀ Financial Classes ƀ Army Emergency Relief Financial Assistance ƀ Household Items Exchange Program (HIEP) ƀ

HOUSEHOLD ITEMS EXCHANGE PROGRAM (HIEP)

The Army Community Service Household Items Exchange Program (HIEP) supports military families during challenging financial times in their life, mostly in the process of relocating to the costly Fort Detrick area. The program creates a network between people with items they want to donate, and military families that need those items. The HIEP staff matches needs with availability, and refers the applicants to the appropriate donors.

No storage is available, therefore donors are asked to hold the items until they can give them to the recipient.

Participation in the HIEP is free. Applicants don't have to give something back to the program, unless they want to. Donations can be accepted from all sources, military and civilians. Priority on referral is given to junior enlisted applicants.

FOOD VOUCHER PROGRAM

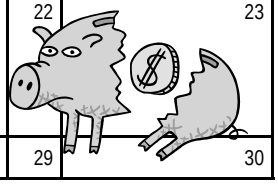
Through the Food Voucher Program (FVP), we provide temporary emergency food assistance to needy military servicemembers, retirees, and family members. Usually this program benefits clients that, due to timing, nature of the case, and/or hardship in repayment, are not eligible for an Army Emergency Relief (AER) loan, or the loan cannot be processed in a timely manner

NOTE: Food vouchers can be spent at the Fort Detrick Commissary to purchase general food and sundry items.

Financial Readiness Program

April

MON	TUE	WED	THU	FRI
			1	2
5	6	7 Checkbook Management 1330-1630	8	9 Budget Development and Record Keeping 0900-1030
12	13	14	15	16
19	20 Personal Financial Planning 0800-1600	21	22	23
26	27	28	29	30



May

MON	TUE	WED	THU	FRI
3	4	5	6	7
10	11	12 Financial Planning for 1st PCS 0900-1200	13 Debt Liquidation 0900-1030	14
17	18 Personal Financial Planning 0800-1600	19	20	21
24	25	26	27	28
31				

June

MON	TUE	WED	THU	FRI
	1	2 Checkbook Management 1330-1630	3	4
7	8	9	10 Insurance 0900-1100	11
14	15 Personal Financial Planning 0800-1600	16	17	18
21	22	23	24	25
28	29	30		

All classes are available to military, spouses, retirees, and civilians. Registration is required.

Financial Planning for 1st PCS

Community Support Center, Building 1520

Provides guidance on financial preparation and planning for a PCS move. **Topics covered:** Cost Calculator, PCS Checklist, Entitlements, Importance of Planning Your Move in Advance, Some Common Assumptions that may cause Financial Problems during a PCS Move, and Useful Web Sites.

Personal Financial Planning

Community Support Center, Building 1520

Provides training in personal financial concepts and skills, thereby increasing individual financial stability and self-sufficiency, and enhancing military readiness. **Topics covered:** Understanding Your LES, Understanding Credit Reports, Using Credit Wisely, Techniques to Become Financially Fit, Banking and Checking Accounts, Insurance, Saving and Investing, Large Purchases, Consumer Scams and Getting Help, and Current Local Financial Issues and Concerns.

Checkbook Management

Community Support Center, Building 1520

Attendees will be introduced to the knowledge and skills needed to manage a checking account accurately. **Topics covered:** Selecting a Bank, Opening and Managing a Bank Account, Ways of Writing and Endorsing Checks, Check Register Maintenance, Account Reconciliation, and Understanding the Check Cycle.

Debt Liquidation

Community Support Center, Building 1520

Provides guidance and knowledge on methods to reduce debts and improve the credit rating. **Topics covered:** Key Steps to Reduce Debts and Become Financially Solvent, Consequences of a Bad Credit Rating, Soldiers' and Sailors' Civil Relief Act, Methods to Reduce Installment Payments, How Using Credit Card Wisely Can Reduce Debt, Consequences of Noncompliance with Provisions of AR 600-15, and Useful Web Sites.

Budget Development and Record Keeping

Community Support Center, Building 1520

Attendees are introduced to the skills and knowledge needed to effectively develop a personal budget and establish good financial record keeping practices. **Topics covered:** Importance of Planning for Expenses Based on Income, "Where Does My Money Go?," Seasonal Expenses, Planning for Emergencies, Importance of Good Personal and Financial Records, and Record Keeping Techniques.

Insurance

Community Support Center, Building 1520

Provides guidance and knowledge on various types of insurance. **Topics covered:** Purpose of Insurance, How Insurance Works, How to Shop for the Best Policy, Different Types of Insurance, Insurance You Don't Need, and Getting the Most for your Money.

Units may contact the FRP/AER Program Manager to set up an appointment for an onsite class at the unit's location. For more information or to register, call 301-619-3456/3455, or visit our web page at www.detrick.army.mil/detrick/dctee/training/index.cfm/ click on the desired Financial Readiness class.

ARMY EMERGENCY RELIEF

Army Emergency Relief (AER) provides financial assistance to Soldiers, retirees, family members, surviving spouses, and orphans when there is a valid emergency. The office works with other relief agencies to assist all military personnel and their families.

Categories of authorized emergency financial assistance include: non-receipt of pay, theft of funds, medical expenses, funeral expenses, required travel, rent, utilities, food, repairs for privately owned vehicles, clothing, privation, and fire or other disaster.

For financial emergencies after duty hours, contact Armed Forces Emergency Services (AFES) Center at 1-877-272-7337. As a secondary mission, AER has an undergraduate education assistance program for dependent children of Army Soldiers.

This year's AER Campaign will be 15 April - 15 May. AER Key Persons will be assigned to each unit to help solicit and collect contributions.

Relocation Readiness Program

Community Support Center, Building 1520
301-619-2208

∉ **Lending Closet** (Pots, pans, dishes, car seats, vacuums, futons, etc., available for temporary loan) • **PCS Briefing** (Bi-weekly)
∉ **Reentry Workshop** (Quarterly) • **Waiting Family Support Group** (Monthly) • **Welcome to the USA** (Monthly)
∉ **Homebuyers Workshop** (Quarterly) • **Foreign Spouse Orientation** (Monthly) • **Newcomer's Briefing** (Quarterly)
∉ **Sponsorship Training** (Continuous to all units and Youth Services)

PCS Briefing dates are as follows:
14 and 30 April; 12 and 26 May; 9 and 23 June 2004; 0900,
Community Support Center, Building 1520, Blue and Gray Conference Room

The "Waiting Family Support Group" meets on the last Thursday of each month at the Post Chapel, Building 1776, Classroom 5, starting at 1130. Bring your own lunch. Free childcare is available and you must register in advance. Call 301-619-2208 to register 2 weeks in advance. This support group is for families whose military spouse is on a short Permanent Change of Station (PCS) tour, Temporary Duty (TDY), and short deployment, i.e., Korea, Saudi Arabia, Kuwait, and other applicable transitions away from home.

Homebuyer's Workshop
15 April and 15 June 2004
Community Support Center, Building 1520, Classroom 1.

Strength * Unity * Well-Being
Fort Detrick, Maryland

Fort Detrick Army Family Action Plan Conference 26-30 April 2004

AFAP 2003 Group Photo by: Doug Valentine

Opening Ceremony, 26 April
0830-0900, Community Activities Center Building 718

Closing Ceremony, 30 April
0900-1130, Community Activities Center Building 718

Do you have suggestions for Army leadership which could improve the well-being for you and your family? Get involved in the 2004 Army Family Action Plan (AFAP) Conference.

AFAP allows every sector of the military to have a voice in raising quality well-being concerns to leadership. Some issues are dealt with at the local level, while others are forwarded to higher commands for resolution.

Register for the conference and submit issues online at www.detrick.army.mil
For more information and details about free childcare,
contact Outreach Coordinator at 301-619-3787
or email USAGArmyCommunityServiceOutreach@det.amedd.army.mil

Housing

Building 810, Suite 100

Hours of Operation:
Monday – Friday, 0800-1600
301-619-2154

Family Housing, Transient Housing, Unaccompanied Personnel Housing, and Community Homefinding Relocation and Referral Services (CHRRS), 0730-1600.

In and Out Processing, 0900-1130 and 1230-1500.

Reservations, 0730-1600.

Inspections, 0730-1530 (*By appointment only*).

The Housing Division provides quality management and oversight of all permanent and transient housing programs and to ensure adequate housing is provided for all US Army Garrison, Fort Detrick tenants, and Raven Rock Soldiers.

There are 16 Visiting Officers Quarters (VOQ), 5 Family Lodging Quarters and 1 Distinguished Visitors Quarters (DVQ).

The daily room rates are as follows:
VOQ = $41.00
DVQ = $52.00
Family Lodging = $44.00

The primary use for these rooms is to house PCS and TDY personnel.

Space available reservations are available. If you are passing through to the Metropolitan Washington DC or Baltimore areas, stop by the historical Frederick area and stay in our lodging facilities. Or you may want to reserve a room in conjunction with an event hosted by the Community Activities Center or a nearby facility. Contact the Housing Office for information on availability and reservations.

Statements of Non-Availability (SNA) are prepared by this office.

Customer Service

Tell us how we're doing!

Photo by Amy Leon

For any customer service related questions or concerns, please contact the Directorate of Community Services' Customer Service Representative at 301-619-3261 or email USAGDirectorateofCommunityServices@det.amedd.army.mil

UPCOMING COMMUNITY GATHERINGS

Newcomer's Orientation
7 April 0800
Community Activities Center, Building 718

AAFES/Commissary
14 April, 0900
Community Activities Center, Building 718

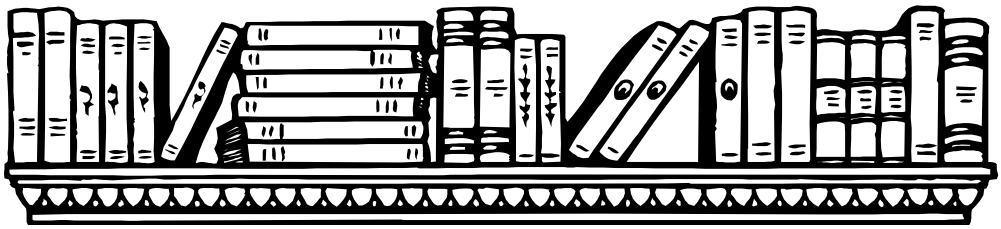
Town Hall
21 April, 1600,
Post Chapel, Building 1776

Fort Detrick Library

Community Support Center, Building 1520

Hours of Operation:
Monday and Friday: 0900-1730
Tuesday and Thursday: 0900-1900
Wednesday: 1000-1730
Saturday: 0900-1300
Closed Sundays and Holidays
301-619-7519

Check out our DVD and CD selections. You don't have to pay anything to borrow from us! We have the latest list of New York Times' Bestsellers. Find the book you are looking for here. We offer the Interlibrary Loan Service (ILL) and have over 17,000 libraries in this system to borrow from. You must come to the library in person to fill out an ILL request.



Detrick Center for Training and Education Excellence

Community Support Center, Building 1520

Hours of Operation:
Monday, Tuesday, and Thursday: 0730-2000
Wednesday: 1000-2000
Friday: 0730-1700
Saturday: 0900-1300
Sundays and Holidays: Closed

MILITARY TRAINING COURSES

Register online at
www.detrick.army.mil/dctee/training

For additional information, call 301-619-3313 or DSN 343-3313.

APRIL 2004

2	CEU Training for EMTs, 0800-1200 and 1300-1700
12	CPR for Healthcare Providers - Refresher
13-23	Trauma - AIMS Course
26-29	Combat Lifesavers Course - Initial
30	Combat Lifesaver Course - Refresher

MAY 2004

3	CPR for Healthcare Providers - Initial
7	CEU Training for EMTs, 0900-1300 and 1300-1700
10	CPR for Healthcare Providers - Refresher
13-14	Combat Medical Skills - Validation Test (SACMS-VT)
24-27	National Registry EMT-B Refresher Course

JUNE 2004

4	CEU Training for EMTs, 0900-1300 and 1300-1700
7	CPR Heartsaver with AED
14	CPR for Healthcare Providers - Refresher
17-18	Pre-Hospital Trauma Life Support (PHTLS)
21	CPR for Healthcare Providers - Initial
25	CEU Training for EMTs, 0900-1300 and 1300-1700
28	CPR for Healthcare Providers - Refresher

JULY 2004

5-28	National Registry EMT-B Refresher Course
29	National Registry EMT-B Skills Stations
30	National Registry EMT-B Practical Examination

DCTEE Annex Expands Services

Building 1531, a former warehouse, now houses two new and significant training programs, managed by the Detrick Center for Training and Education Excellence (DCTEE), the Combined Medical and Education Training Program (CMETP) and the Range 3000 XP4 "Use of Force Simulator".

The CMETP offers a variety of courses aimed at the military and civilian community of Fort Detrick. Some of the courses are designed to meet the transition requirements for the 91W- Health Care Specialists medical occupational series (MOS) such as the National Registry Emergency Medical Technician-Basic (NREMT-B), Trauma-AIMS and Pre-Hospital Trauma Life Support-Advanced (PHTLS-Adv.). Other courses provide sustainment training for a variety of health care providers and non-medical personnel such as cardio-pulmonary resuscitation (CPR) and Heartsaver. In addition, a course in advanced first aid (Combat Lifesaver Course) is offered on a quarterly basis to all eligible Army non-medical personnel. Monthly continuing educational training and quarterly combat skills validation testing are also conducted to maintain readiness.

Detrick Center for Training and Education Excellence

CIVILIAN TRAINING

For course descriptions go to
www.detrick.army.mil/dctee/training

APRIL 2004

7-8 Federal Benefits, Financial Planning, and Thrift Savings Plan

13-14 Handling Difficult Customers

19-23 Leadership Education and Development (LEAD)

21-22 Delegation Authority for Training Coordinators

MAY 2004

11-13 Retirement Planning - Civilians Only

11-12 Accounting for Non-accountants

JUNE 2004

1-2 Better Office Skills and Services

8-9 Dealing with Difficult People

JULY 2004

27-29 Retirement Planning

29 Hazard Communication Train the Trainer Course

AUGUST 2004

18-19 Federal Benefits, Financial Planning, and Thrift Savings Plan

College Fair

Wednesday, 26 May 2004, 1700-2000, Community Activities Center

Active duty, retirees, civilians, family members, and the entire Fort Detrick community are invited to attend. The institutions invited are: University of Phoenix, Mount Saint Mary's College, Division of Continuing Studies, Marymount University, University of Maryland Eastern Shore, Strayer University, Capella University, Webster University, Columbia Union College, Mountain State University, Frederick Community College, Hagerstown Community College, Shippensburg University, University of Maryland University College, Pennsylvania State University - Mont Alto, Central Michigan University, Bowie State University, Coppin State University, Morgan State University, and Sojourner-Douglas College.

Employee Assistance Program

Community Support Center, Building 1520, Room 102
Hours of Operation:
Monday-Friday: 0800-1400 (Appointments may be scheduled at other times if you are unable to come during these hours.)
301-619-2120

What is the EAP?

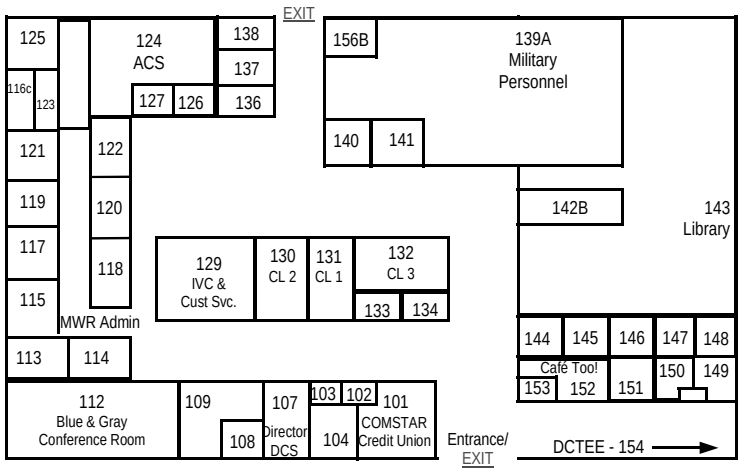
The Employee Assistance Program (EAP) is a work-based program designed to assist in the identification and resolution of productivity problems associated with employees impaired by personal concerns. Services include consultation, evaluation, education, referral, follow-up, and short-term counseling. Additionally, EAP professionals assist with marital issues, alcohol/drug problems, mental health issues, child/elder care, and financial counseling to name a few.

Your EAP can assist you and your family in finding help for:

- Depression, Anxiety and Other Mental Health Issues
- Grief and Loss
- Marital/Relational Issues
- Divorce and Separation
- Alcohol and Other Drug Problems
- Job Stress/Anger Issues
- Parent/Child Relationships
- Child/Elder Care
- Financial/Legal Issues

Community Support Center, Building 1520

Map of the inside of the building



Armed Forces Celebration
12-15 May 2004
Frederick Fairgrounds

Carnival and Food
12-15 May

Fabulous Hubcaps Performance
Thursday, 13 May (Tickets at TicketFunatic)

NWL Wrestling
Friday, 14 May

10K Run
Saturday, 15 May

Military Displays and Vehicles
Saturday, 15 May

Large Fireworks Display
Saturday, 15 May

For more information, call 301-619-2018/2081

AER Fun Run

Official AER Campaign Kickoff Ceremony
Friday, 16 April 2004, 0700
in front of Building 810

Civilians must sign a waiver for running (Release and Hold Harmless Agreement). These forms are available at the Fitness Center.

For more information, call 301-619-3455/3456

Directorate of Community Services

Key Personnel

All extensions must have a number 3 preceding them if calling from on post. Off post calls should be preceded by 301-619- unless otherwise stated.

ACTIVITY	BLDG	PHONE
Office of the Director	1520	2711
Customer Service Rep	1520	3261
MWR Marketing	1520	3323
Business Operations, Recreation and Ventures		
Chief	1520	2957
Admin Spt Asst/Bldg Mgr	1520	2822
MWR Manager	1520	2081
Recreation Programmer	718	3237
TicketFunatic	718	2839
Community Activities Center/Catering Manager	718	2823
CAC Food Order Line	718	2824
Café FCRDC	549	846-1750
CafeToo!	1520	6277
Bowling Center	915	2816
Fitness Center/Sports	1507	2498
Swimming Pool	839	2368
Multi-Crafts Director	1431	2266
Automotive Skills Center	1431	2759
Equipment Rental	1431	2759
Matting & Framing	839	2920
Woodshop	839	2379
Housing		
Chief	810	3417
Housing Inspections	810	3419/2155
CHRRS	810	3224
Reservations	810	2154
DCTEE		
Education Center	1520	2854
Army Education Counseling	1520	4537/2857/ 4521
Civilian Training Coordinator	1520	3360/7554
DANTES/Testing/APT	1520	2174
LRC (Evenings)	1520	6893
Military Training NCO	1520	3313
Webmaster	1520	3387
Site R Education Center	DSN	988-2618

ACTIVITY	BLDG	PHONE
Family Readiness		
Chief	1520	3249
Administrative Assistant	1520	2197/2208
Employment	1520	3315
AER/Financial Readiness	1520	3455/3456
Family Advocacy Program	1520	7171
Prevention	1520	2408/3404
Treatment	1520	3403/7453
Relocation Readiness	1520	2208
Outreach Coordinator	1520	3787
Exceptional Family Member Program	1520	3385
Installation Volunteer Coordinator	1520	3171
Child and Youth Services		
Coordinator	924	4453
CLEOS	924	3247
CYS Central Enrollment	1520	7100
Family Child Care	924	3405
Child Development Center	1776	3300
Youth/School Age Services	949	2901/2585/ 3246
Army Substance Abuse Program		
Alcohol and Drug Control Ofcr.	1520	2120
Installation Biochemical Test Coord.	1520	3409
Post Library	1520	7510/2892
Nallin Pavilion Reservations	1520	2711
Retiree Council	1520	3340
PX	713	2262
Commissary	1520A	2989
Service Station	950	662-7777
Barber Shop		2345
Cleaners		694-3237

We're on the Web at

www.detrick.army.mil/wellbeing