

Your EAP can assist you and your family in finding help for:

- Depression, Anxiety and Other Mental Health Issues
- Grief and Loss
- Marital and Relational Issues
- Divorce and Separation
- Alcohol and Other Drug Problems
- Job Stress and Anger Issues
- Parent/Child Relationships
- Child and Elder Care
- Financial and Legal Issues

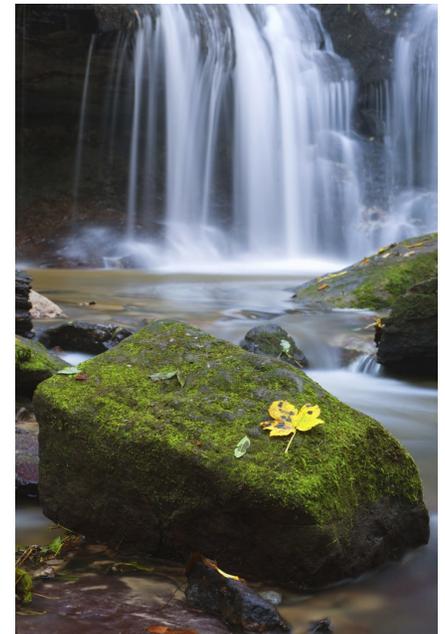


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Employee Assistance Program

Solutions are our specialty



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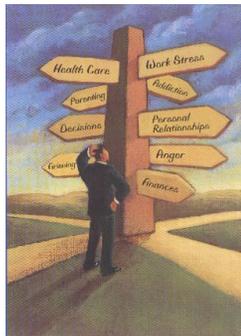
Employee Assistance Program

What is the EAP?

The **Employee Assistance Program (EAP)** is a non-punitive administrative program that provides confidential and timely problem identification/assessment services to employees and their families. The EAP promotes the well-being of the employee and supports the supervisor in helping the employee with personal problems that are effecting work performance.

How Does It Work?

Contact the **EAP** office to schedule an appointment. The **EAP** is available weekdays between 8:30a.m. and 4:30 p.m. Appointments may be scheduled at other times if you are unable to come during these hours.



Who is eligible?

The Employee Assistance Program is available to all DA civilians and their family members, family members of active military, and military and civilian retirees. Family members may contact the **EAP** directly and need not be accompanied by the employee when meeting with the **EAP** Coordinator (**EAPC**).

Is the Service Confidential?

YES! One of the **EAPC**'s highest priorities is to protect the rights of the **EAP** client. No one may be informed of your participation in any of the **Employee Assistance Program's** without your written consent.

Will using the EAP

affect my job?

Seeking assistance from the **EAP** has no bearing on job security or promotional opportunities. Coming to the **EAP** early to resolve problems before they interfere with job performance helps an employee to remain effective and productive.

Supervisor Referrals

The **EAP** assists supervisors and managers in dealing with performance problems in the workforce. In an effort to help a struggling employee, a supervisor may elect to refer an employee to the **EAPC**. The **EAPC**'s are trained to identify and provide intervention for a variety of problems.



Find out more at <http://www.detrick.army.mil/asap/eap.cfm> or call the number listed below.

CONTACT US
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